

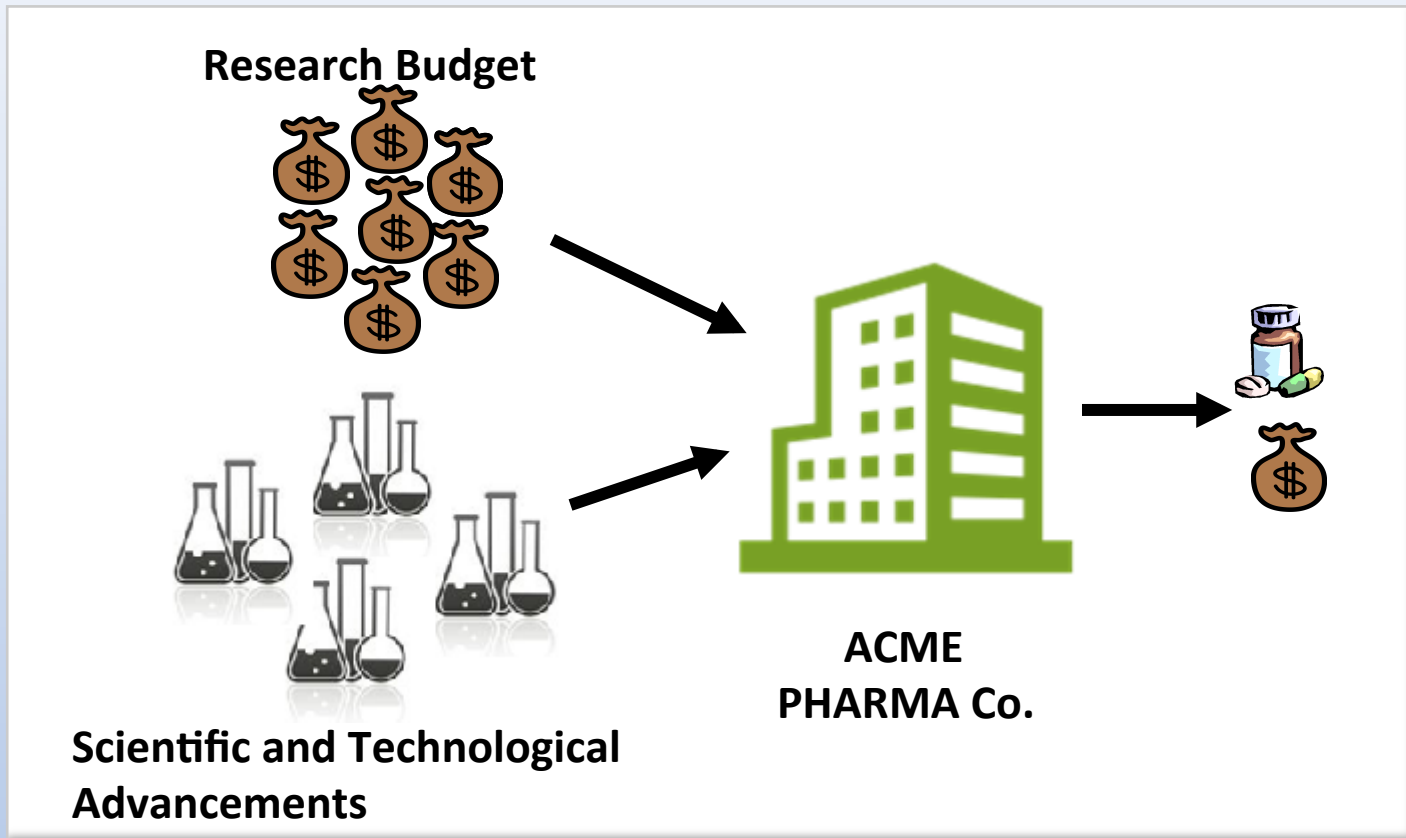
**“If mice were only people....”**

**Re-thinking Pre-Clinical In Vivo Models To Increase the  
Probability of Clinical Success**

Beth Ann Murphy, PhD

Nina Jochnowitz

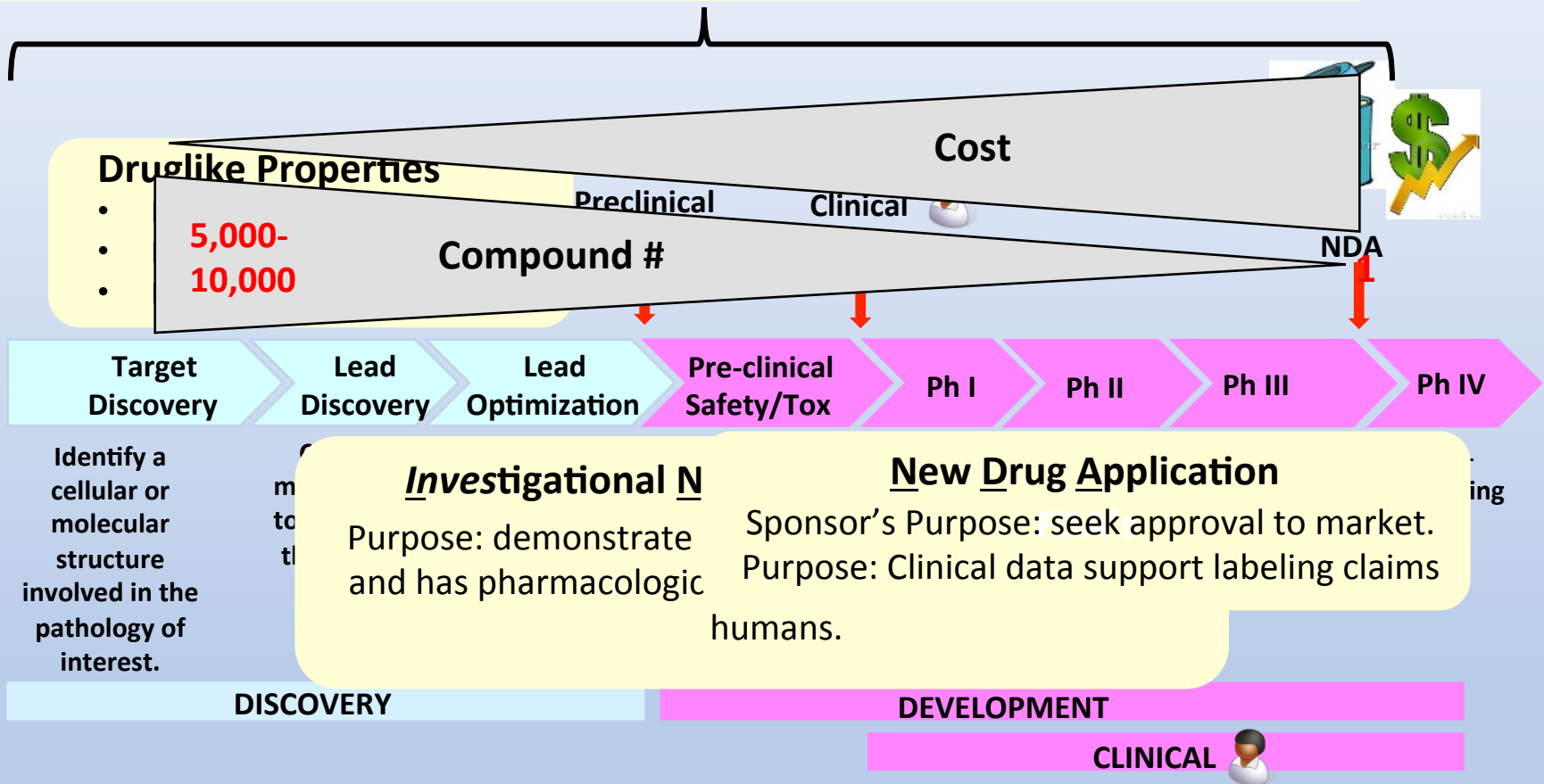
# Pharma Industry is Challenged



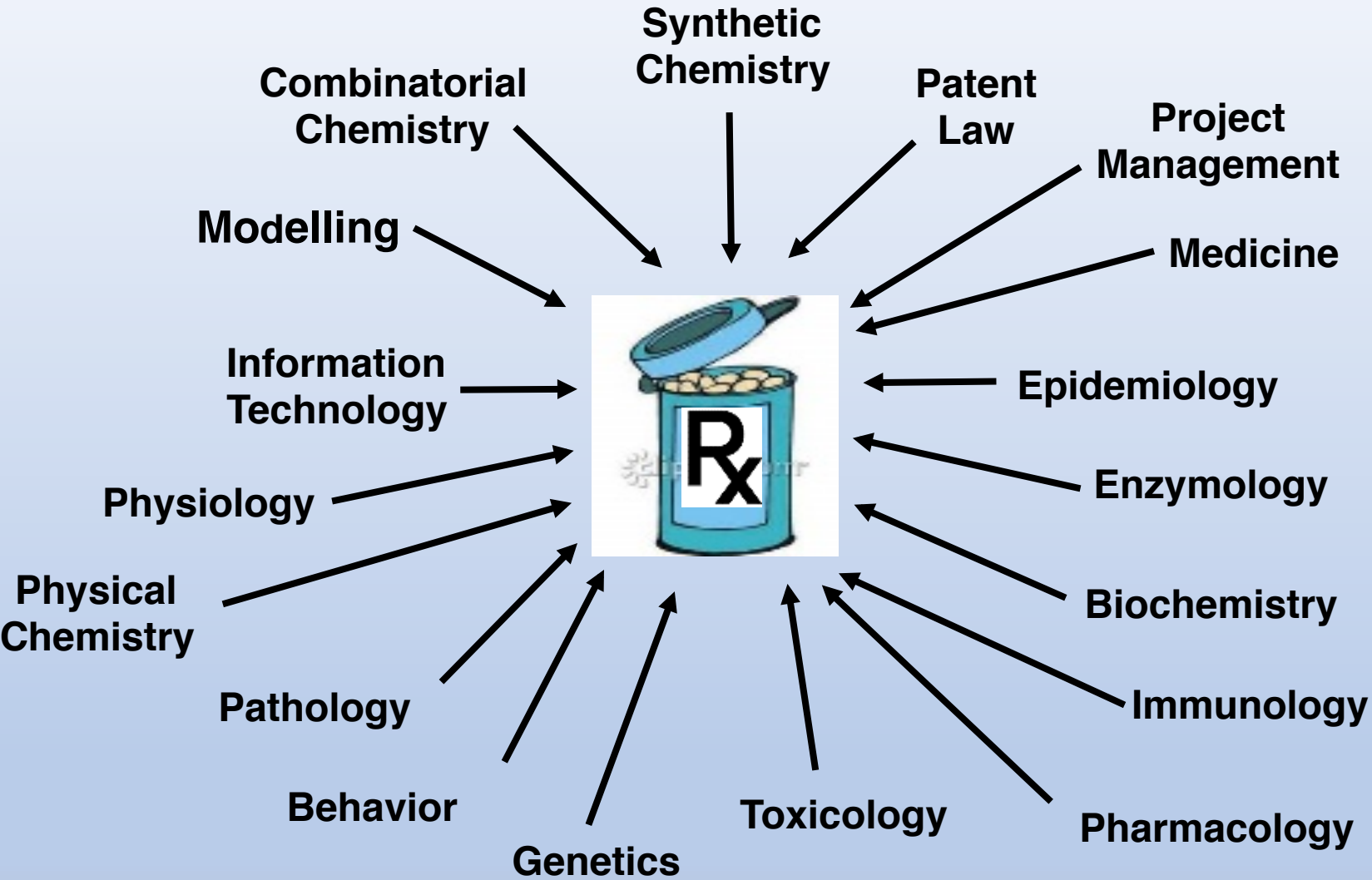
- Many analyses that probe and propose reasons for the decrease in R&D productivity.
- Consensus is that drug discovery needs to change to be able to deliver novel drugs in the current environment.

# Drug Discovery and Development Process

*Cost to bring a drug to market was \$2.56 billion in 2013 dollars. (Tufts Center for the Study of Drug Development).*



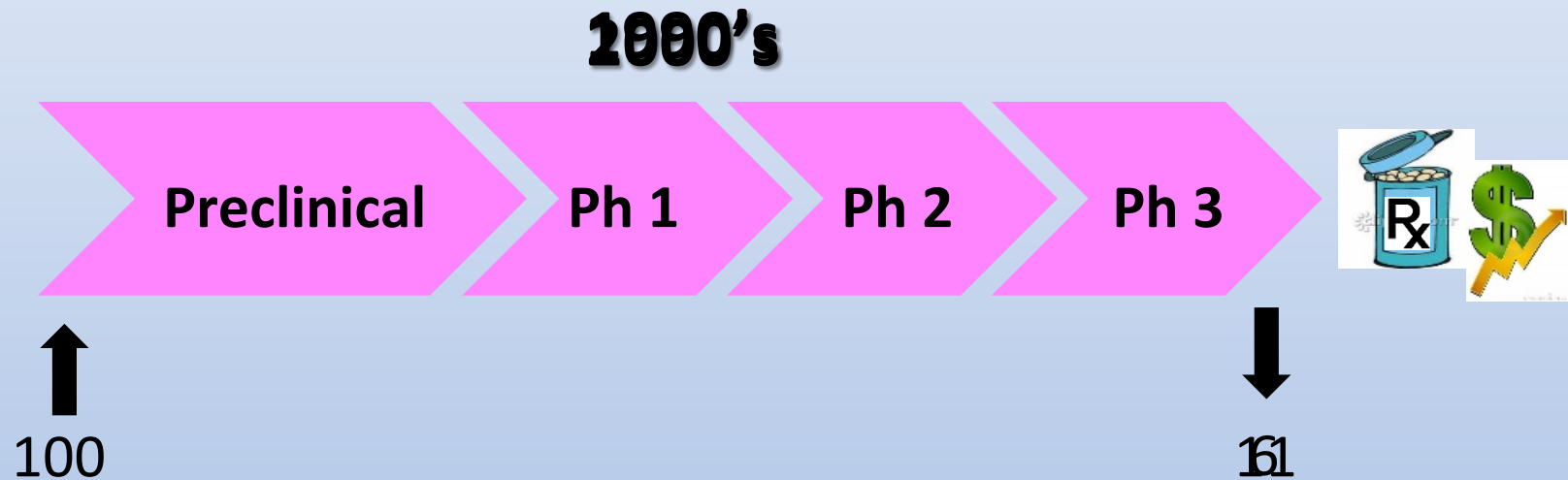
# Drug Discovery—Convergence of Disciplines



# What is the problem?

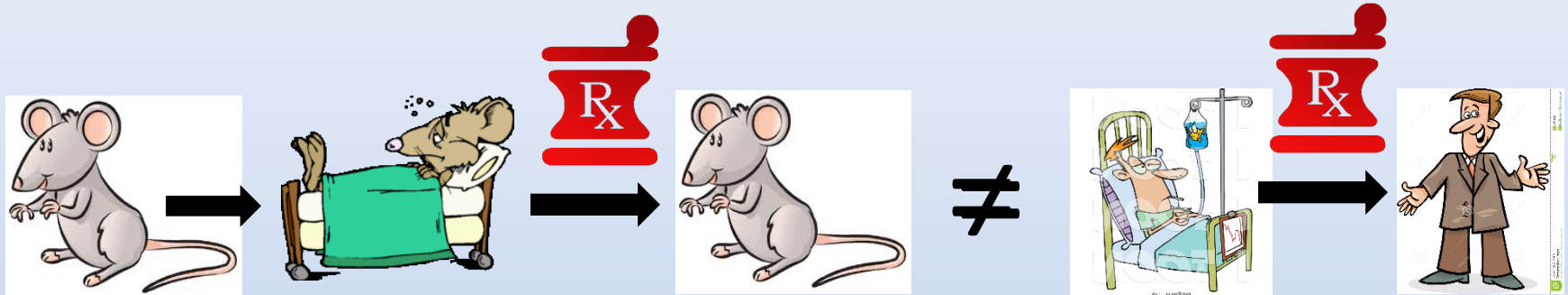
**Problem:** Drugs discovered in the Preclinical stage frequently fail to translate into clinical success (~10% overall success).

- 1991-2000 = 11% success rate (Nat. Rev. Drug Discov. 2004 Aug; 3(8):711-715.)
- 2005-2010 = 6% success rate (Nat. Rev. Drug Discov. 2014 Jun; 13(6):419-431.)



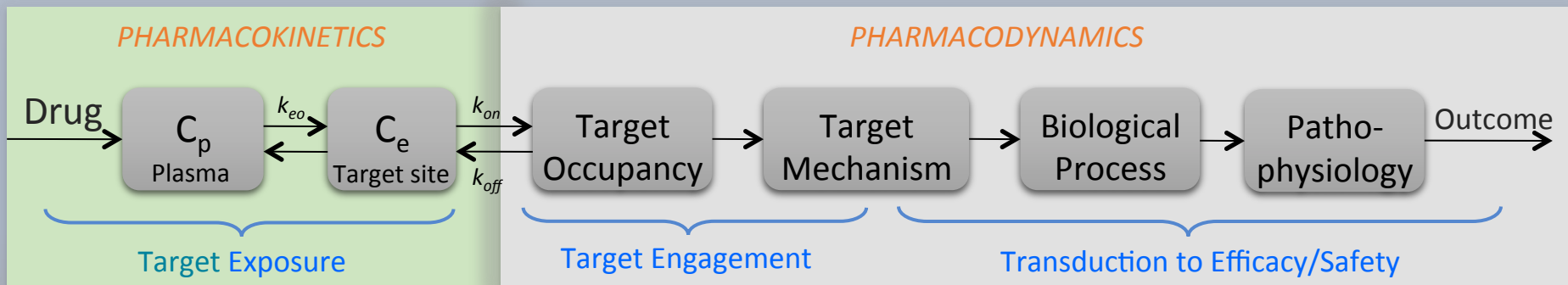
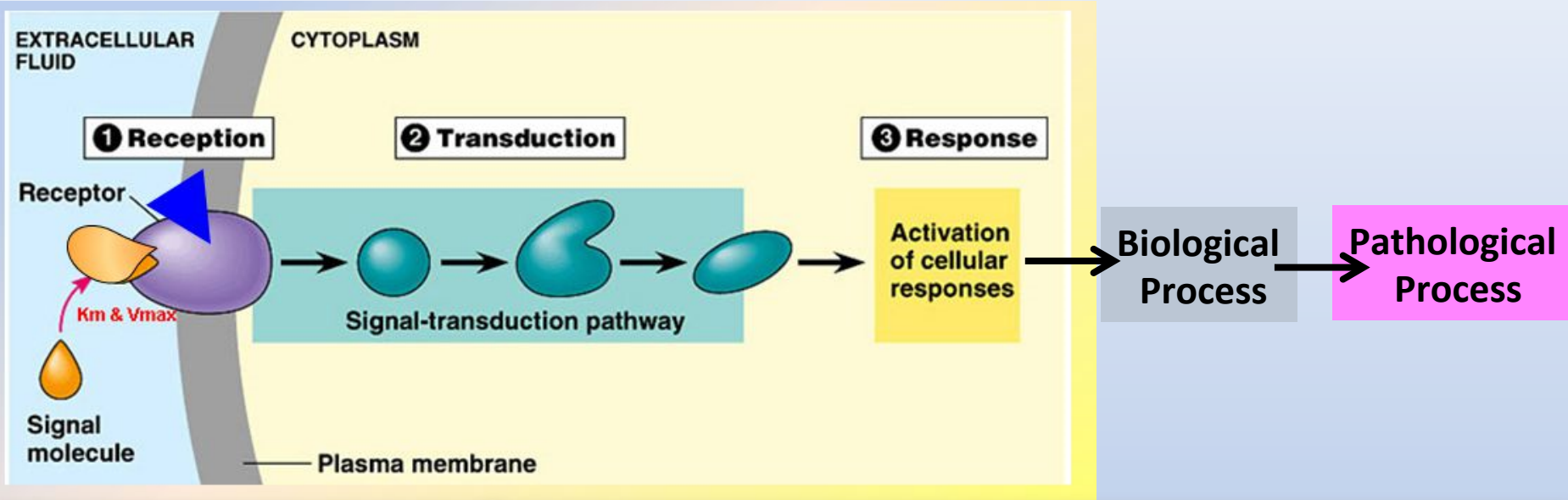
**But why doesn't the preclinical work translate to humans?**

# Animals $\neq$ Humans



- Genetic
  - Surgical Manipulation
  - Mimic a chronic condition in an acute time-frame.
  - Apply animal behavior to a human behavior.
- 
- Effects in preclinical in vivo disease models are poor predictors of efficacy in the clinic.

# Think about it Differently: What is a Drug Actually Doing



# Think about it Differently



**1.** An integrated and quantitative understanding of the PKPD relationships and how these translate to humans.

**Human PK** – can we get enough drug to where it needs to be?

**Human Target Engagement** – can we modulate the target with the right intensity and duration?



**2.** Confidence in target-disease linkage.

Human genetics

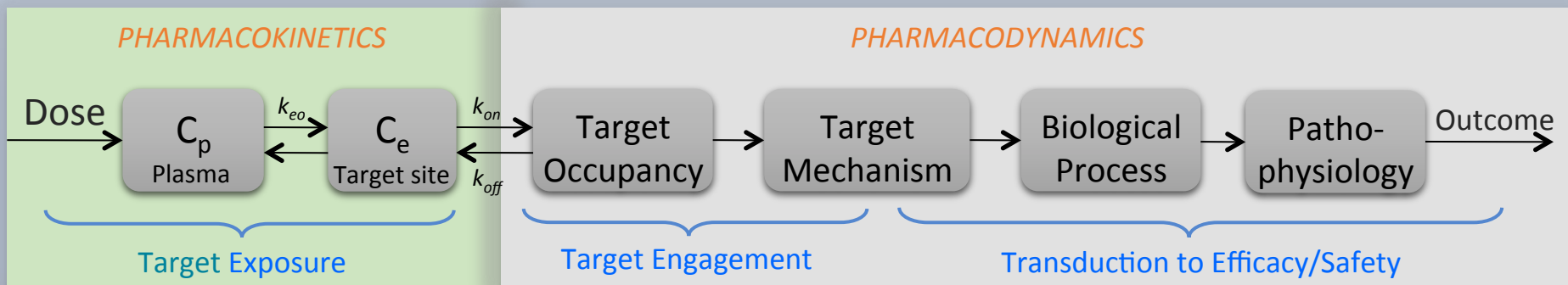
Validated preclinical model



**3.** Identify and test assumptions

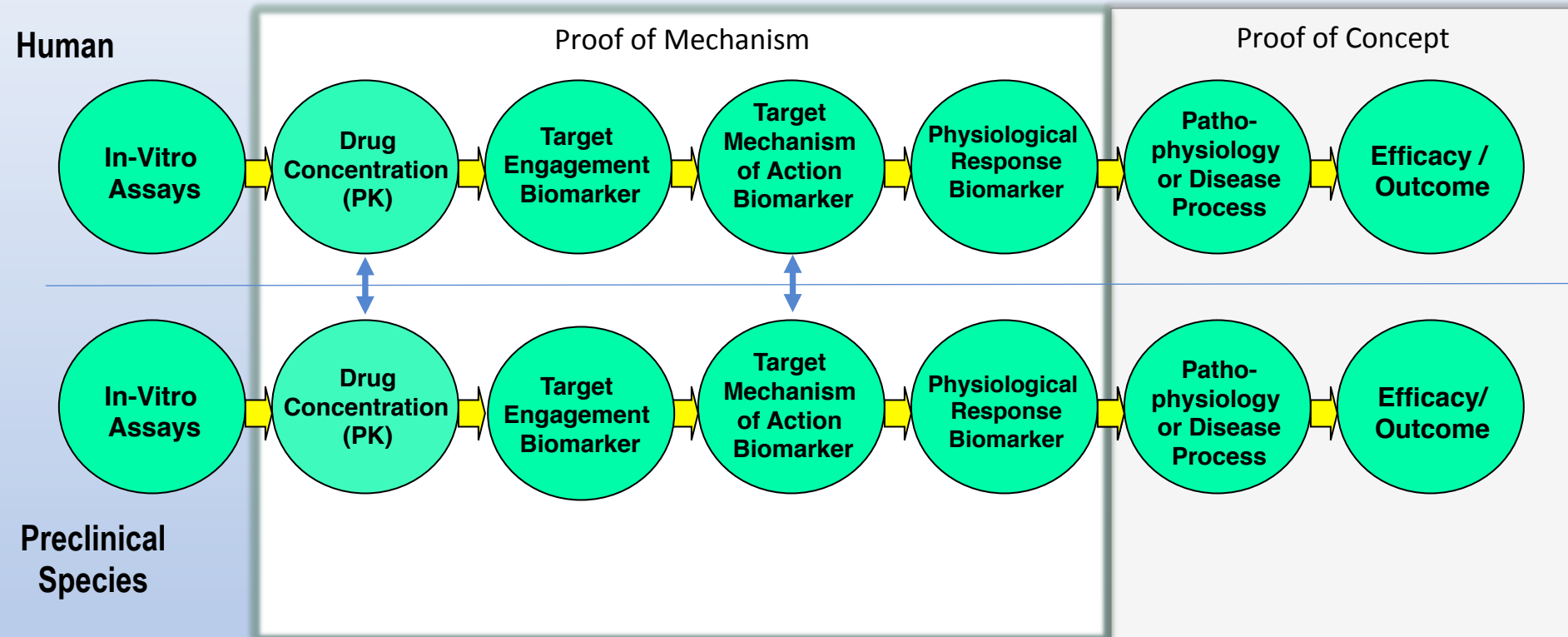
Integrate data to reduce assumptions

Identify critical assumptions and assess impact





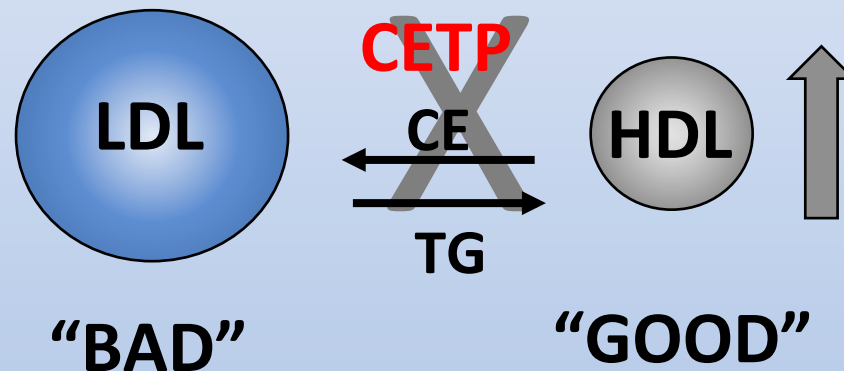
# Translational Biomarker Bubble Diagram



# Example : Respond to Data from a Clinical Trial

## Lead-Optimization Drug Discovery Program for Cardiovascular Disease

Increase HDL  $\longrightarrow$  Protect from CVD



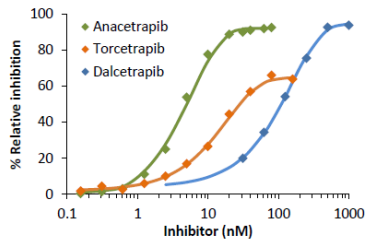
CETP Catalyzes the exchange of TG and CE between HDL and VLDL/LDL

Inhibit CETP  $\longrightarrow$  Increase HDL  $\longrightarrow$  Protect from CVD

# What do we need to ask?/ What do we know? /What do we have?

1. What is the target? → **CETP**
2. What do we want the drug to do? → **Inhibit CETP**
3. What is the effect of inhibiting CETP? → **Increases HDL**

## Commercial CETP Inhibitor Screening Kit



Human → Yes  
Blood → Yes

## Commercial HDL Screening Kit



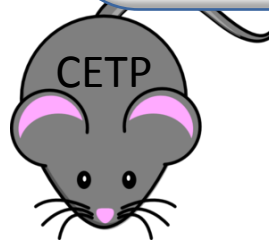
Human → Yes  
Blood → Yes



Measure of clinical effect = Decreased CVD related deaths



Able to measure drug levels in the circulation (Pharmacokinetics)

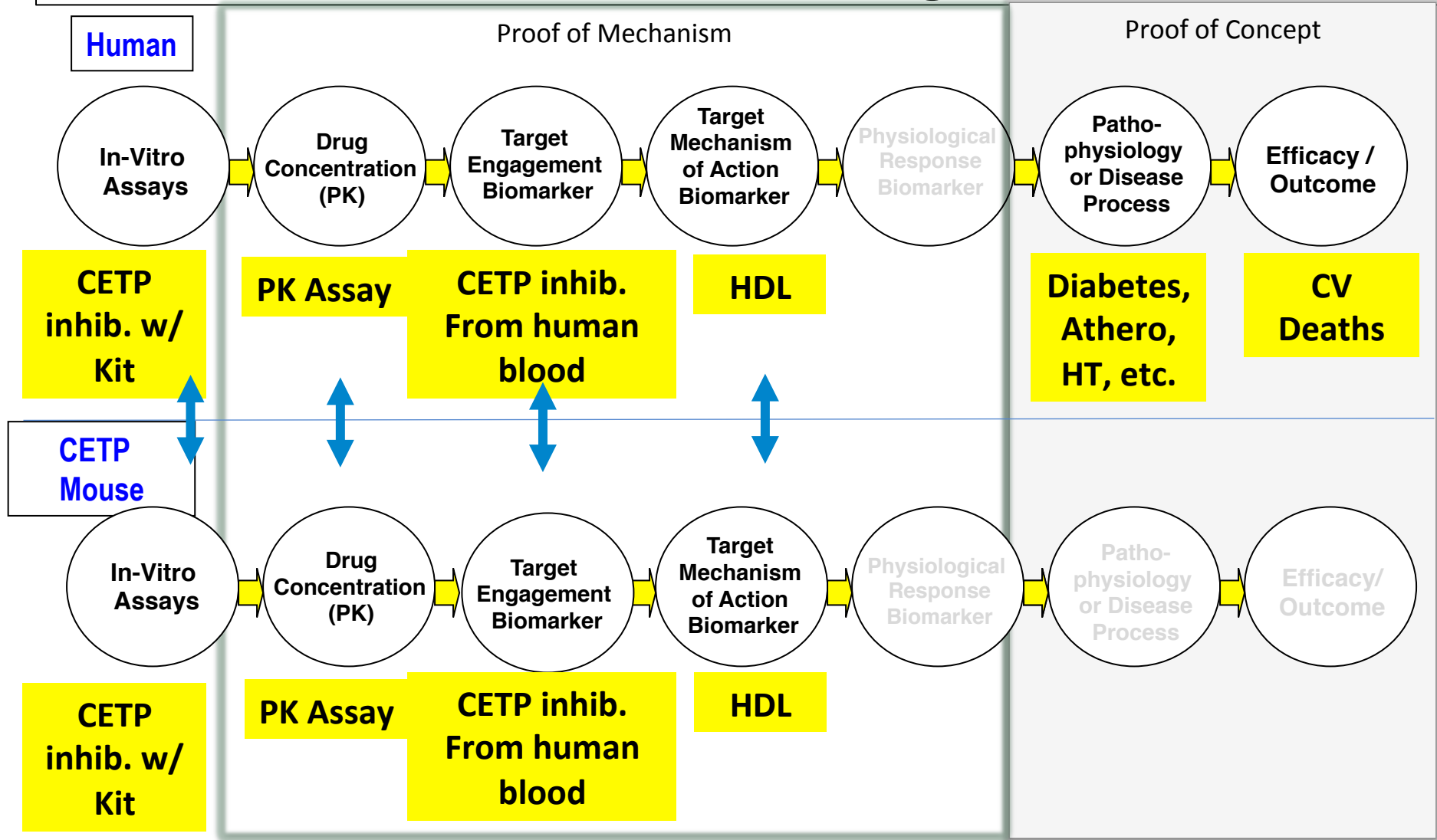


Human CETP Transgenic Mouse



- Mice do not develop CVD naturally.
- Mice ≠ Humans

# Translational Biomarker Bubble Diagram: CETP Inhibitor Program



**Arrow** = Can be measured both in preclinical experiments and in human clinical trials

# Case Study

# **Case Study**

# **Anti-Thrombotic Drug**

# **For Stroke and AFIB**

# What are the Main Cause and Effects of Thrombotic Events

1. Cause Atrial Fibrillation
2. Effect Stroke(s)

## What is the Human cost?

1. Lives
2. Annually, Death rate is nearing 300,000 in the USA
3. More than 1,500,000 hospitalizations annually

## What is the Financial cost?

1. Personal
2. Broad Economic losses (work related)
3. Forty Billion (\$40,000,000) dollars!

# Atrial Fibrillation - AFIB

Disease of the heart characterized by irregular and often faster heartbeat.

## Causes of an Irregular Heartbeat

- Hypertension, Diabetes, Congestive heart failure, Dehydration, Hyperkalemia, Mitro-valve Prolapse, Poisoning, (cocaine, amphetamine, digitalis...), Anaphylaxis, hyper & hypo-thyroidism, Cardiomyopathy

## Indications

- Abnormal electrical discharges (signals) that generate chaotically throughout the upper chambers of the heart (atria).
- Reduction in the Atria to pump blood into the ventricles
  - Response is the heart to beat too rapidly.
- AFIB causes turbulence of the blood which causes clot formation.
- <https://youtu.be/fxUITWjrhhs>
- Management: Rate Control, Maintenance of normal rhythm, stroke prevention

## Cost

- Prevention: Pharmacological and/or surgical (Cardio conversion, Catheter Ablation, surgical ablation, atrial pacemaker)
- Annually more than **130,000** deaths in the USA.
- More than **750,000** hospitalizations occur annually.
- AFib costs the United States about \$6 billion each year, diagnosis and treatment.



# Strokes

## Sudden death of brain cells from lack of oxygen.

- Caused by blockage of blood flow or rupture of an artery to the brain.
  - Ischemic stroke (part of the brain loses blood flow, bleeding from periphery)
  - Hemorrhagic stroke (brain bleed, Transient Ischemic Attack, TIA >24 hours)

## Indications

- Sudden loss of speech, weakness, or paralysis of one side of the body can be symptoms.
- Confirmation by scanning the brain with special X-ray tests, such as CAT scans.

## Costs

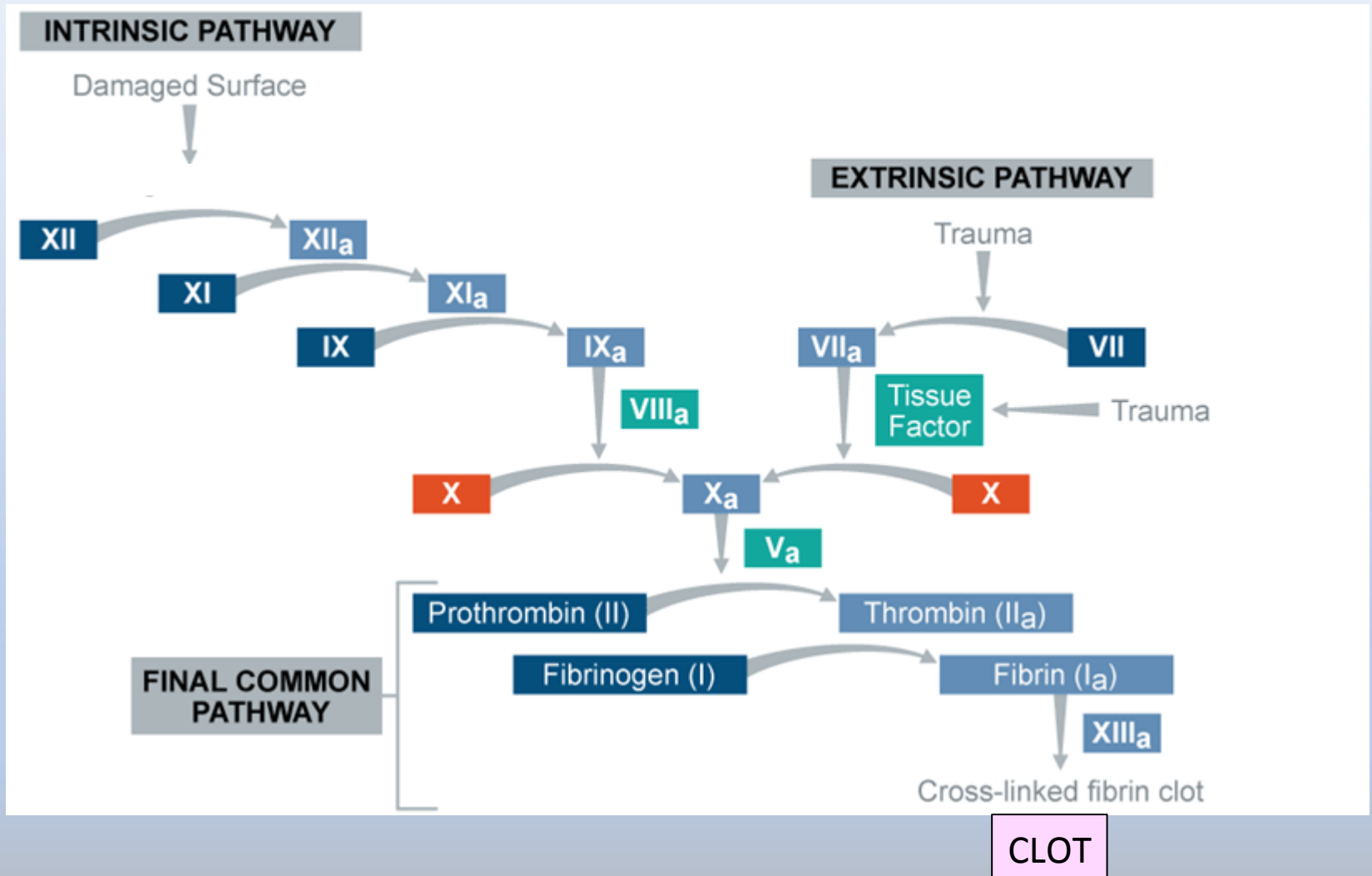
The death rate and level of disability resulting from strokes can be dramatically reduced by immediate and appropriate medical care.

- Prevention involves minimizing risk factors, such as controlling high blood pressure and diabetes.
- Stroke kills about **140,000** Americans each year—that's **1 out of every 20 deaths**.
- Annually **795,000 people** in the United States have a stroke. About 610,000 of these are first or new strokes
- About 87% of all strokes are ischemic strokes.
- Stroke costs the United States an estimated **\$34 billion**

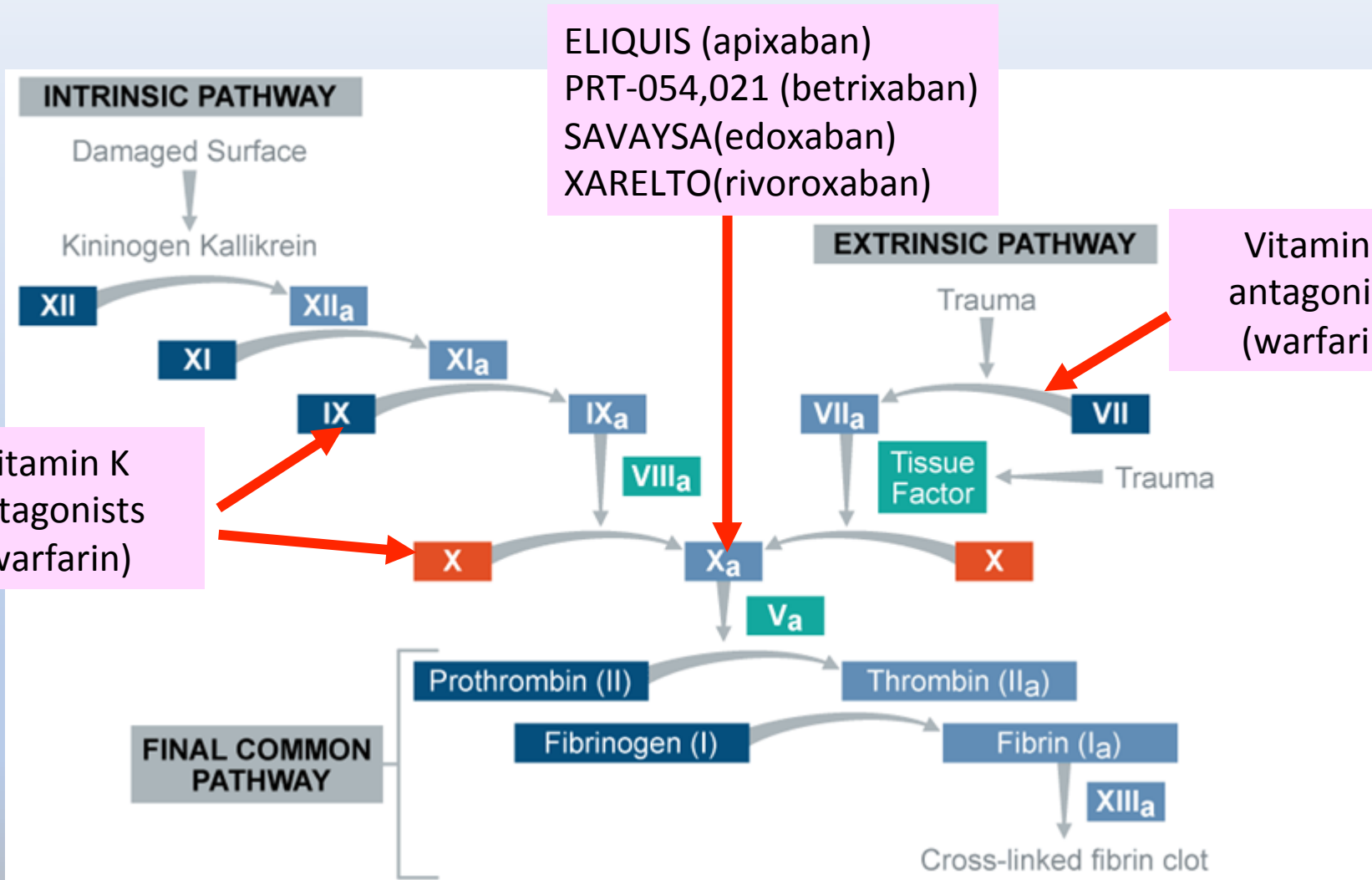
## Animal Models: AV Shunt

# Project A: Anti-Coagulant Drug Discovery

## Program: Intrinsic Pathway Inhibitor



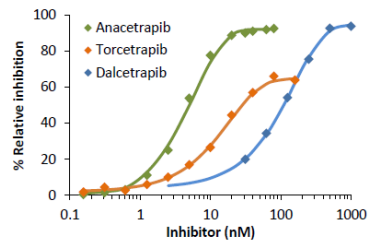
# Coagulation Factor Targets of Currently Approved SOC or Anti-Coagulant Drugs



# What do we need to ask?/ What do we know? /What do we have?

1. What is the target? → **FIXa**
2. What do we want the drug to do? → **Inhibit excess thrombotic activity**
3. What is the effect of inhibiting factor 9? → **Decreased in thrombotic events**

## Commercial FIXa Inhibitor Screening Kit



Human → Yes  
Blood → Yes

## Commercial aPTT Screening Kit



Human → Yes  
Blood → Yes



Long time period

Measure of clinical effect = Decreased CVD related deaths



AVS

aPTT



Able to measure drug levels in the circulation (Pharmacokinetics)

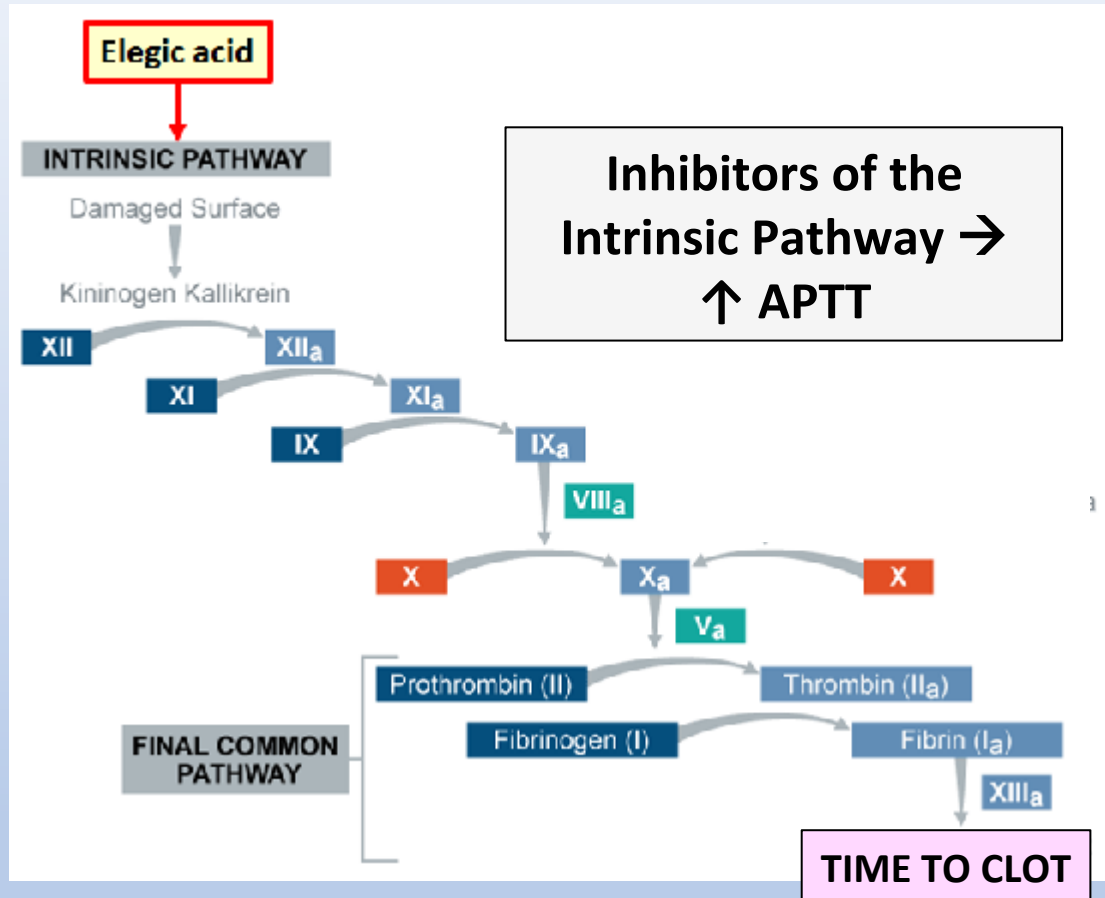


AVS Model



- Rabbits do not develop CVD naturally.
- Rabbits ≠ Humans

# aPTT: A Routine Clinical Test and a Biomarker of Intrinsic Pathway Coagulation



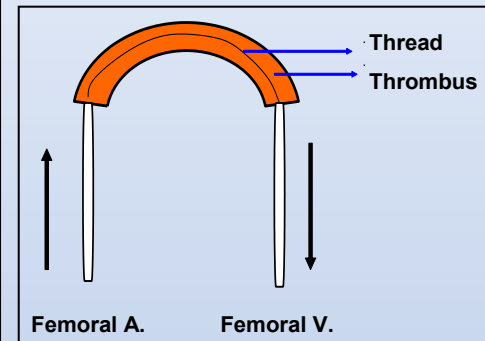
**ACTIVATED PARTIAL  
THROMBOPLASTIN TIME  
(APTT)**

[Back](#)

# Arteriovenous (AV) Shunt in Rabbits : Model to assess anti-coagulation.

- Method:

- Connect an artery and vein to a shunt.
- A thrombogenic stimulus (e.g. thread) is inside the shunt .
- As blood flows through the shunt → clot will form on the thread.
- Weigh the clot.



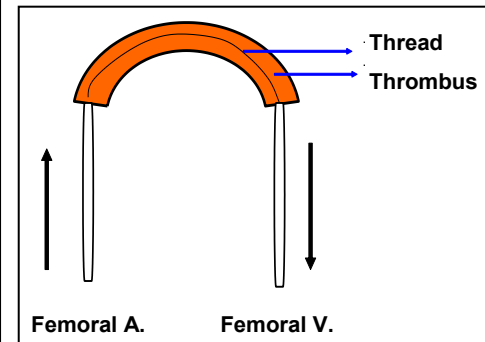
- Anti-Coagulation = clot weight, blood sampling
- **Issues:** AVS is a mixed arterial venous antithrombotic model.
- **Needs:** To enhance our confidence in the predictive value of our preclinical models, translational, or creating a plan to further characterize activity of SoC, define target engagement levels etc.

Back

# Arteriovenous (AV) Shunt in Rats : Model to assess anti-coagulation.

- Method:

- Connect an artery and vein to a shunt.
- A thrombogenic stimulus (e.g. thread) is inside the shunt .
- As blood flows through the shunt → clot will form on the thread.
- Weigh the clot.



- Anti-Coagulation = clot weight
- Can take blood samples from the AVS rats.

# Work Sheet

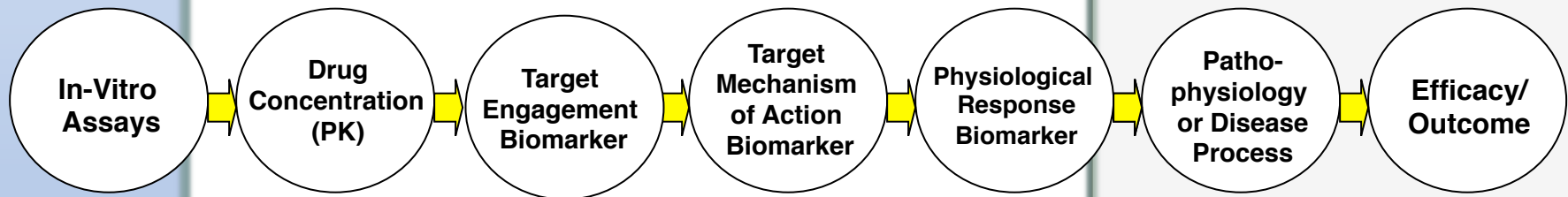


# Translational Biomarker Bubble Diagram:

Human



Model



**Arrow** = Can be measured both in preclinical experiments and in human clinical trials

# Explanation of Bubbles

**In vitro assay:** Measure of in vitro activity, such as potency or affinity

**Drug concentration:** The pharmacokinetics of the compound typically measured as unbound plasma concentrations and/or target site exposure

**Target engagement biomarker:** Measurement of compound binding to target, such as with PET or measuring antibody bound to antigen.

**Target Mechanism of Action Biomarker:** A proximal biochemical or proximal physiological (eg electrophysiological) response as a result of compound interaction with the target

**Physiological Response Biomarker:** A physiological or tissue response driven by compound activity at the target, but not directly linked to pathophysiology

**Pathophysiology or Disease Process:** A biochemical response involved in the disease process or activity in an animal model or on a clinical endpoint that serves as an index of the disease process

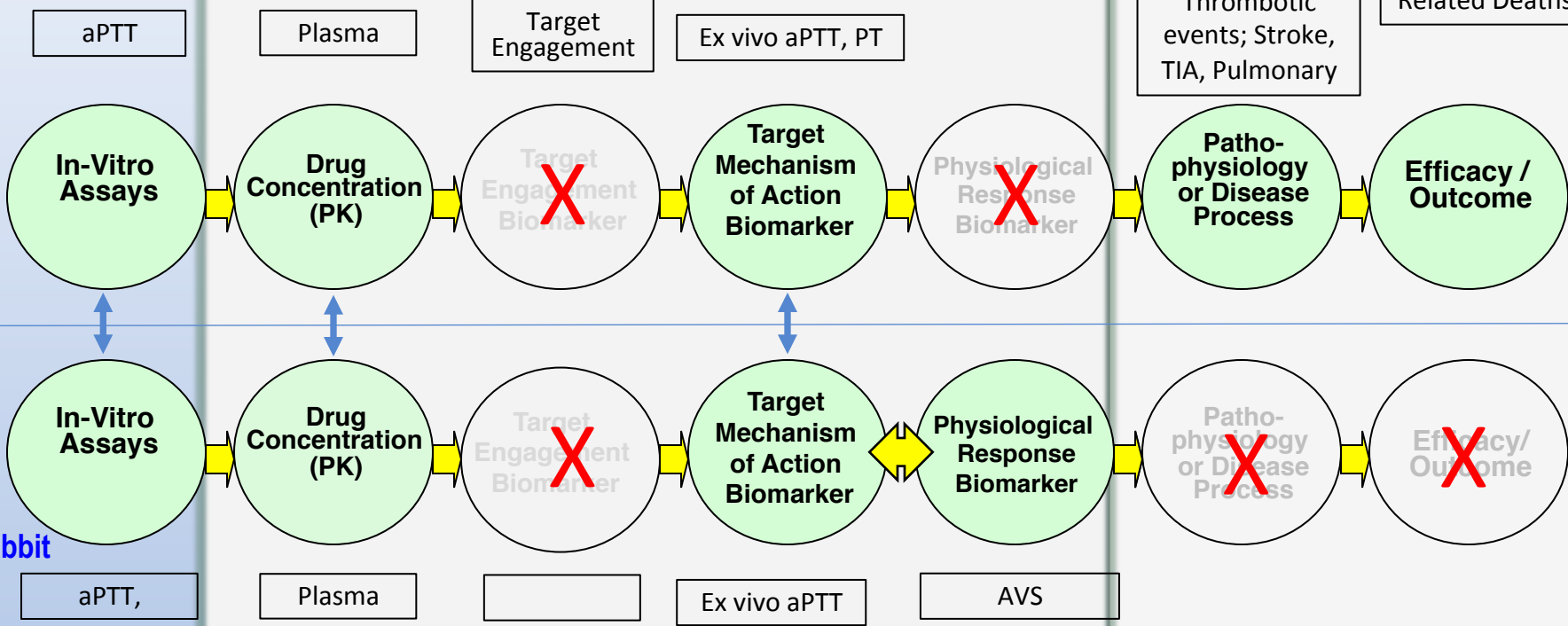
**Efficacy/Outcome:** Activity in an animal model of disease that has been demonstrated to predict clinical efficacy or positive effect on a clinical endpoint endorsed by regulators as sufficient for approval

# Case Study: Translational Biomarker Bubble Diagram

Human

## Proof of Mechanism

## Proof of Concept



**Green shading** = Biomarkers that are translational and/or support IVIVC and have been validated/reduced to practice  
**Blue arrow** = Need for mathematical translational modelling across species  
 \* Indicates assay in development