# CNS Drug Development (What is a "drug target"?)

a conversation to stimulate thinking

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# Outline

- A little bit about me
- CNS drug development
- What is a drug target?
- If we only knew the pathological basis of disease we could fix it
- Why is pharmacology important?
- What do we want/need to know to put something into humans?
- It's the best time to be in science...

### A little about Sam Kongsamut

- Ph.D. (Neuropharmacology) Univ Chicago; Postdocs Cornell, Yale
- Bridgewater NJ (1991-2012):



- R&D: Discovery  $\rightarrow$  Development  $\rightarrow$  Clinical Development  $\rightarrow$  2 Marketed Products
- Management (portfolio, people)
- External (open) Innovation / Business Development



### **US New Drug Development Process**



## **CNS** Drug development

Why is it so difficult?

Crossing the Blood Brain Barrier Understanding of brain function Redundant mechanisms and feedback loops Neurodevelopmental abnormailities Compensatory mechanisms Acute vs chronic effects Trial and error

## What is a drug target?

Phenotypic screen – behavioral models

Molecular targets

Cloning of the human genome

Dictionary vs language – can you learn a language by studying the dictionary?

Disease pathology (up/downregulation)

humans vs. animal models

Mechanistic vs. pathological models

# If we only knew the pathological basis of disease, we could fix it

Lysosomal storage disorders (ERT) many CNS symptoms Diabetes (insulin – successful?) Alzheimer's as T3D? Huntington's disease Sickle Cell Anemia

## Why is pharmacology important?

#### Pharmacodynamics Pharmacokinetics

What the drug does to the body vs. what the body does to the drug Benefit risk - everything is toxic potency vs efficacy Agonist or antagonist Allosteric modulators Pharmacokinetics – ADME Structure Activity Relationships

# What do we want/need to know to put something into humans?

Investigational New Drug application (IND)

Safety, safety, safety (first do no harm) Benefit risk Therapeutic index Chronic treatment CMC – we tend to take this for granted

## It's the best time to be in science We know more than ever

### Change in R&D model from big company to small company

Innovation occurs best in a resource-scarce environment

#### JOBS Workshop: Drug Development in Biotechnology

- 9:30 9:45AM Introduction and Purpose of the Symposium Janet Alder
- 9:45 10:15 Overview of the Pharmaceutical Industry Larry Wennogle
- 10:15 10:25 Questions/Discussion
- 10:25 10:55 Technologies for discovery of new drug candidates Mary Konsolaki
- 10:55 11:05 Break
- 11:05 11:35 CNS Drug Development (What is a "drug target") Sam Kongsamut

11:35 – 12:05PM Clinical Development of a Pharmaceutical Agent for Food and Drug Administration (FDA) approval – Ira Daly

12:05 - 12:35The story of Entresto - Novel therapy for Heart Failure - Randy Webb12:35PMWorking lunch will be served

1:00 – 1:30 Funding the Pharmaceutical and Biotechnology Industry – Ben Bowen

1:30 – 2:00 Break out groups – Attendee will break out into small ~6 person groups to develop a plan to organize a biotech company designed to develop pharmaceuticals. (More specific instructions will be supplied.)

2:00 - 2:30 The long and winding road to a marketed drug – Ron Steele

2:30 – 3:00PM General Discussion including answers to questions submitted in advance of the symposium by participants.

3:00 – 4:00PM Mixer