

Violence Prevention & Victim Assistance (VPVA)

Support services for interpersonal violence

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Violence has
an impact



RBHS VPVA Services

RBHS Office for Violence Prevention and Victim Assistance
**WE SUPPORT. WE BELIEVE.
WE RESPOND.**

- Free and CONFIDENTIAL
- Survivors of sexual violence, dating violence, harassment, and stalking
- Experiences from any stage of life
- Primary and secondary survivors
- Flexible locations

Call or text

973-972-4636

vpva@rbhs.rutgers.edu

RBHS VPVA Services

Support

Counseling
Text line
Zoom & IP
Advocacy
Info & Referral
Accommodations

Awareness

Tabling
Ambassadors
DVAM/SAAM
Supportive programming
Newsletter & online

Education

Bystander intervention
Trauma-informed care
Healthy relationships
Requested

Be a Part of a Safe, Supportive Culture

Examine your own beliefs

Reflect on your bias & give space to others' perspectives

Intervene in a situation

Call it out, create a distraction
Involve those around you

Acknowledge & care

Talk to the person(s) who experienced harm; use your voice to share messages of support

Showing Support

Listen




I'm here for you.



I'm listening.

Validate




I'm so sorry this happened to you.



This wasn't your fault.

Respect



Thank you for sharing this with me.



I won't tell anyone.

Showing Support

Empower

Let's talk about things you can do.

I trust your decision.

Refer

Maybe you'd want to talk to someone?

Have you heard of VPVA?

Check-in

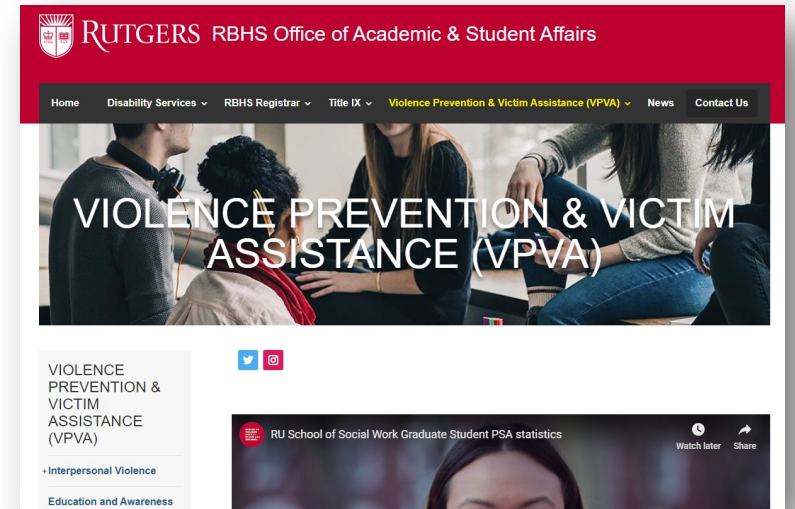
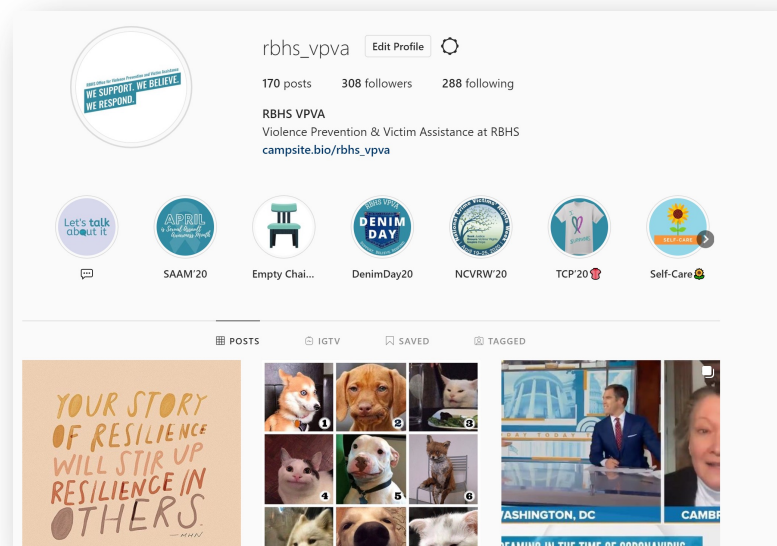
How are you doing?

I'm so glad to see you.

Find out
more

@rbhs_vpva

- Instagram
- Twitter



go.rutgers.edu/rbhsvpva

- Connect to support
- Learn how to help