

Violence Prevention & Victim Assistance (VPVA)

Support services for interpersonal violence

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RBHS VPVA

RBHS VPVA Services

Support

- Counseling
- Text line
- Hybrid Services
- Advocacy and Referrals
- Accommodations

Awareness

- Tabling
- Ambassador and Volunteer Program
- DVAM/SAAM programing
- Supportive programming
- Newsletter & digital material

Education

- Bystander intervention
- Trauma-informed care
- IPV and Healthy Relationships
- Workshops as Requested

RBHS VPVA Services

RBHS Office for Violence Prevention and Victim Assistance
**WE SUPPORT. WE BELIEVE.
WE RESPOND.**

- Free and CONFIDENTIAL
- Survivors of sexual violence, dating violence, stalking, and harassment
- Primary and secondary survivors
- Experiences from any stage of life
- Flexible locations (Newark, Piscataway)
- Hybrid Services

Call or text

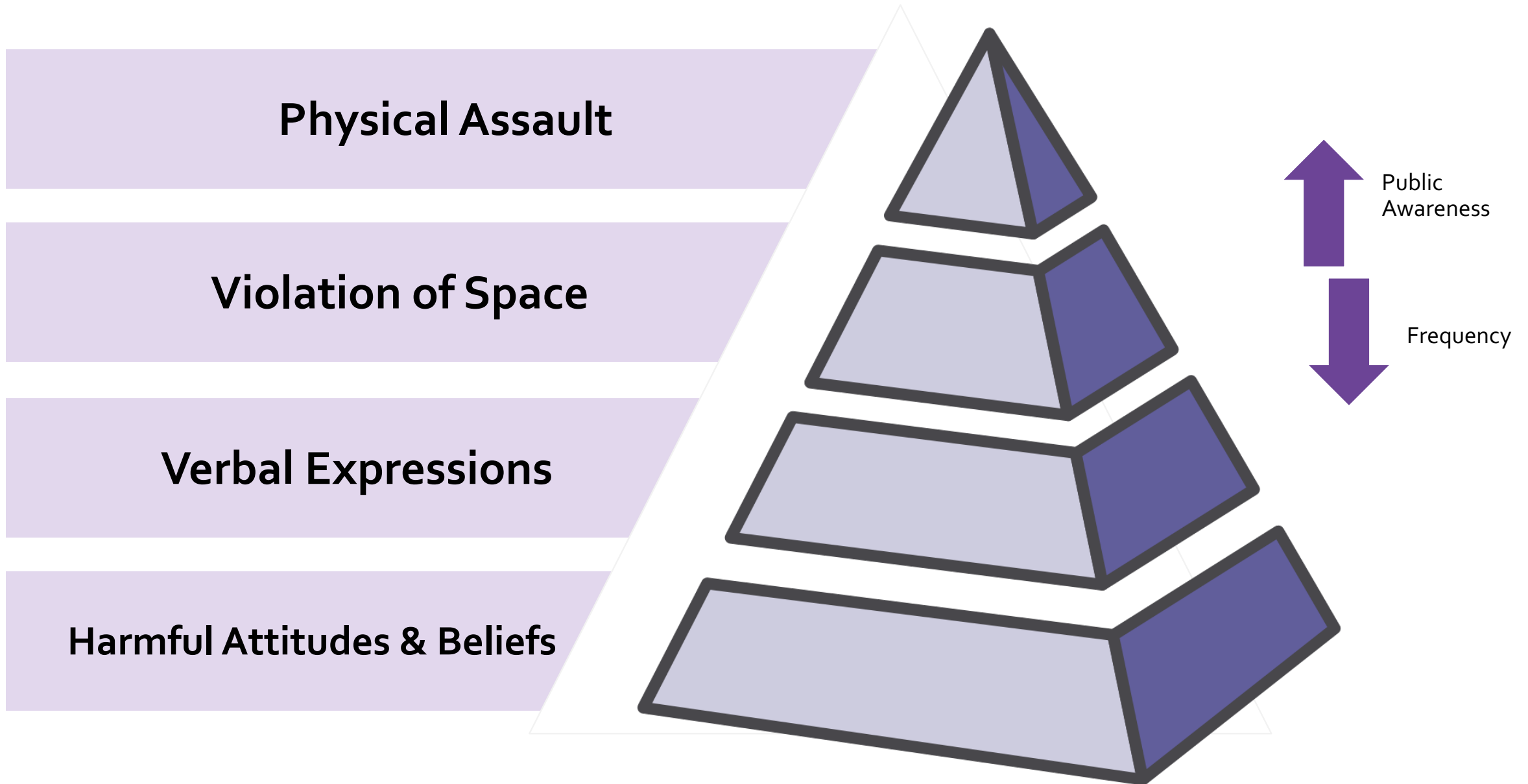
RBHS: 973-972-4636

Email

vpva@rbhs.rutgers.edu

New Brunswick: 848-932-1181

Continuum of Violence



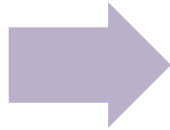
Showing Support

Listen

“

- "I'm here for you"
- "I'm listening"

”

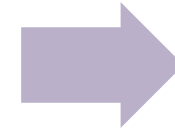


Validate

“

- "This wasn't your fault"
- "I'm so sorry this happened to you"

”



Respect

“

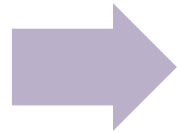
- "Thank you for sharing"
- "I won't tell anyone"

”

Showing Support

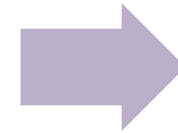
Empower

- "Let's talk about the things you can do"
- "I trust and support whatever decisions you make"



Refer

- "Have you thought about talking to someone"
- "Have you heard of VPVA?"



Check-In

- "How are you doing?"
- "I'm so glad to see you!"

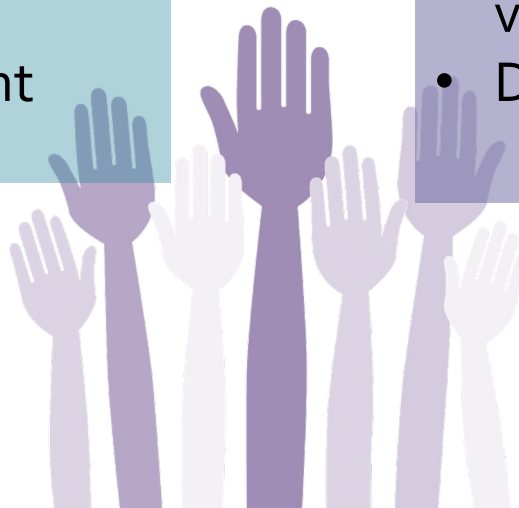
Get Involved with VPVA

General Volunteers

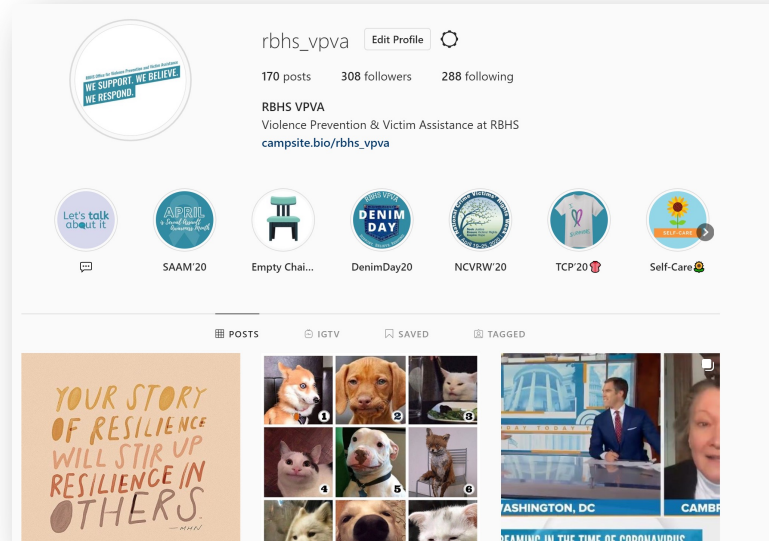
- Promote VPVA through social media
- Help with programming in-person and virtually
- Provide critical community feedback
- Intermittent commitment

Ambassadors

- Serve in a leadership role
- Develop programming
- Serve as liaison between your school & VPVA
- Provide support to general volunteers
- Dedicated, regular commitment

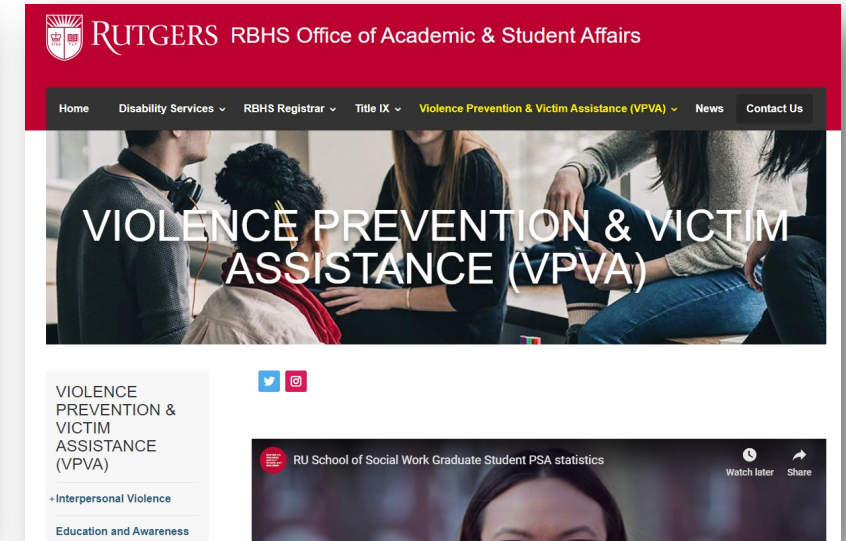


Stay Engaged



@rbhs_vpva

- Instagram
- Twitter



go.rutgers.edu/rbhsvpva

- Connect to support
- Learn how to help

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