

The background of the slide features a large, faint watermark of the Rutgers University seal. The seal is circular with a sunburst in the center and the words "RUTGERS UNIVERSITY" around the perimeter.

RUTGERS

THE STATE UNIVERSITY
OF NEW JERSEY

Rutgers Student Health: CAPS (Counseling, ADAP and Psychiatric Services)

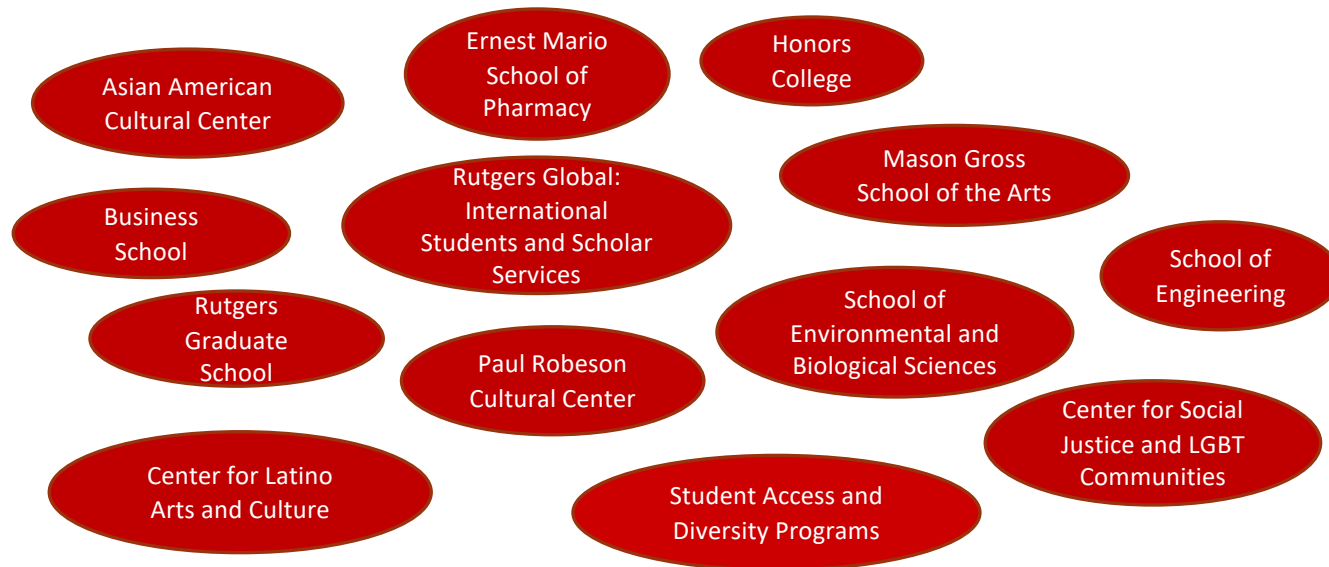
Presented by Dana Simons, MA, NCC, LPC
CAPS Community Based Counselor

CAPS Main Location

College Avenue Campus
(17 Senior Street)



CAPS Community Based Counselor Locations



Community Based Counseling Team Providing Embedded Services Where Students Live and Work



What are some of the services to students that CAPS provides?



“Let’s Talk” –
Informal
Consultation with a
Counselor

Community
Outreach

Workshops that
Teach New Skills

Group Services

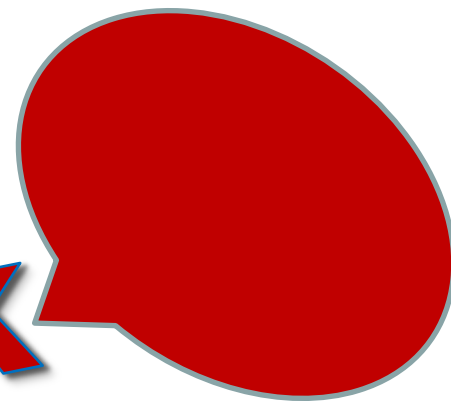
Psychiatric Care

Individual
Counseling
Services

Substance Use
Treatment and
Recovery Housing

Information and
Referral to
Community
Services

LET'S Tele-TALK



- Informal, confidential consultations
- Free!

Who might benefit from “Let’s Talk or Let’s Tele-Talk”?



“Let’s Talk” is often the best fit for those students who:

1. are not sure about counseling
2. are not interested in on-going counseling
3. have a specific problem
4. feel “off.”

How Can Students Get Connected to Community Based Counselors?



- Call our main number: 848-932-7884
- Leave a message stating the following clearly:
 - First and last name
 - RUID#
 - Phone number

IN CRISIS?

CAPS **Daytime** On Call Service

After Hours:

Rutgers Hopeline 855-654-6735

Acute Psychiatric Services 855-515-5700

Crisis Text Line KNIGHTS 741741

Contact Res Life Staff

Call RUPD 848-932-7211

CONCERNED ABOUT A FRIEND?



dosomething.rutgers.edu

Resources

Counseling, Alcohol & Other Drug Assistance Program (CAPS)

17 Senior Street
New Brunswick, NJ 08901
[848-932-7884](tel:848-932-7884)

Student Health Services Office

Hurtado Health Center
11 Bishop Place
New Brunswick, NJ 08901
[848-932-7402](tel:848-932-7402)
health@rutgers.edu

Student Affairs Compliance & Title IX

2 Richardson Street
New Brunswick, NJ 08901
[848-932-8200](tel:848-932-8200)

Office of Disability Services

Lucy Stone Hall, Suite A145
54 Joyce Kilmer Avenue
Piscataway, NJ 08854-8045
848.202.3111
dsoffice@echo.rutgers.edu

Health Outreach, Promotion, and Education (HOPE)

8 Lafayette Street
New Brunswick, NJ 08901
[848-932-1965](tel:848-932-1965)
healthed@rutgers.edu

Violence Prevention and Victim Assistance

3 Bartlett Street
New Brunswick, NJ 08901 College Avenue
[848-932-1181](tel:848-932-1181) (24 hours/day, 7 days/week)
vpva@echo.rutgers.edu

Office of the New Brunswick Chancellor-Provost

Old Queens Building, Suite 101
83 Somerset Street
New Brunswick, NJ 08901
[848-932-7821](tel:848-932-7821)

Dean Of Students

88 College Ave
New Brunswick, NJ 08901
[\(848\) 932-2300](tel:848-932-2300)
deanofstudents@echo.rutgers.edu

