



**2023**

**CHARTING A FUTURE IN MEDICINE &  
RESEARCH: NIH/NIDA OPPORTUNITIES  
FOR ASPIRING PHYSICIANS AND  
RESEARCHERS**

Christie Brannock, MBA

Director, Office of Education & Career Development  
National Institute on Drug Abuse,  
Intramural Research Program

# AGENDA

- 1 NIH & NIDA, IRP
- 2 RESEARCH OPPORTUNITIES
  - NIH
  - NIDA IRP
- 3 BEST PRACTICES
- 4 UTILIZING NIH RESOURCES
- 5 QUESTIONS





**National Institutes of Health**

<https://www.nih.gov/>



## **MISSION STATEMENT**

**To seek fundamental knowledge about the nature and behavior of living systems and to apply that knowledge to optimize health and prevent or reduce illness for all people**

<https://www.nih.gov/>





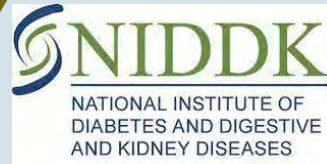
**NIH Main Campus covers more than 300 acres**



**NIH is comprised of 27 institutes and centers  
across multiple campuses**

<https://www.nih.gov/>







**NIH Main Campus  
Bethesda, MD**



**Bayview Campus  
Baltimore, MD**



**National Laboratory for Cancer Research  
Frederick, MD**



**Research Triangle Park  
North Carolina**



**Rocky Mountain Laboratories  
Montana**



**Phoenix Epidemiology & Clinical Research Branch  
Arizona**



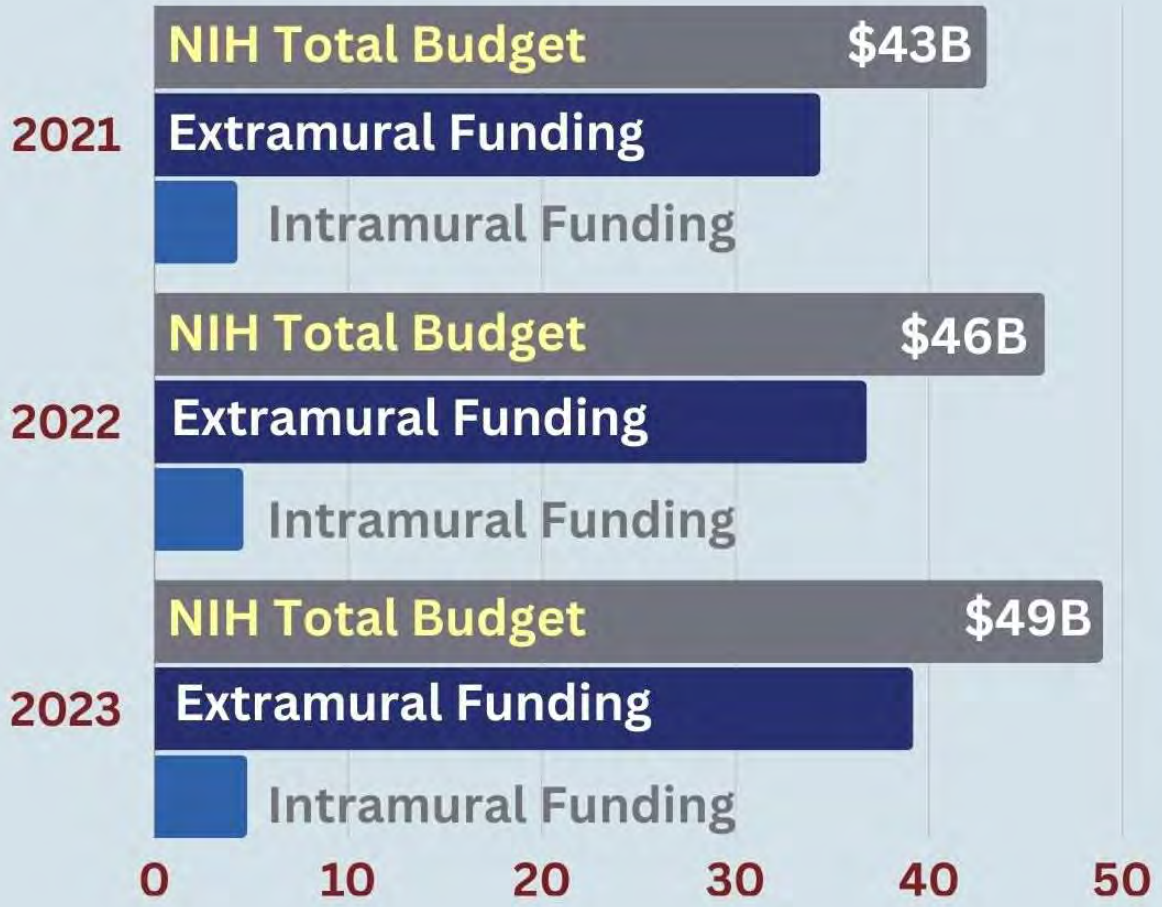


**NIH is the largest public funder of biomedical research in the world**

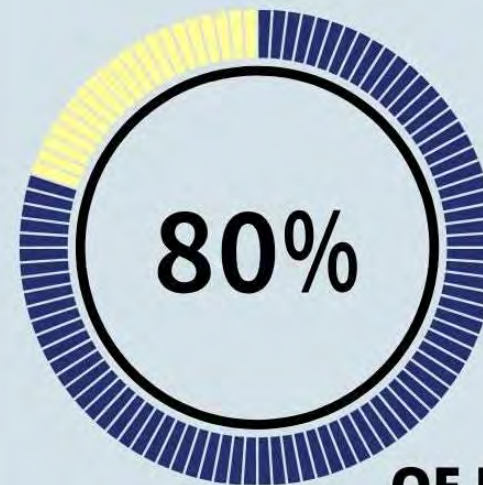
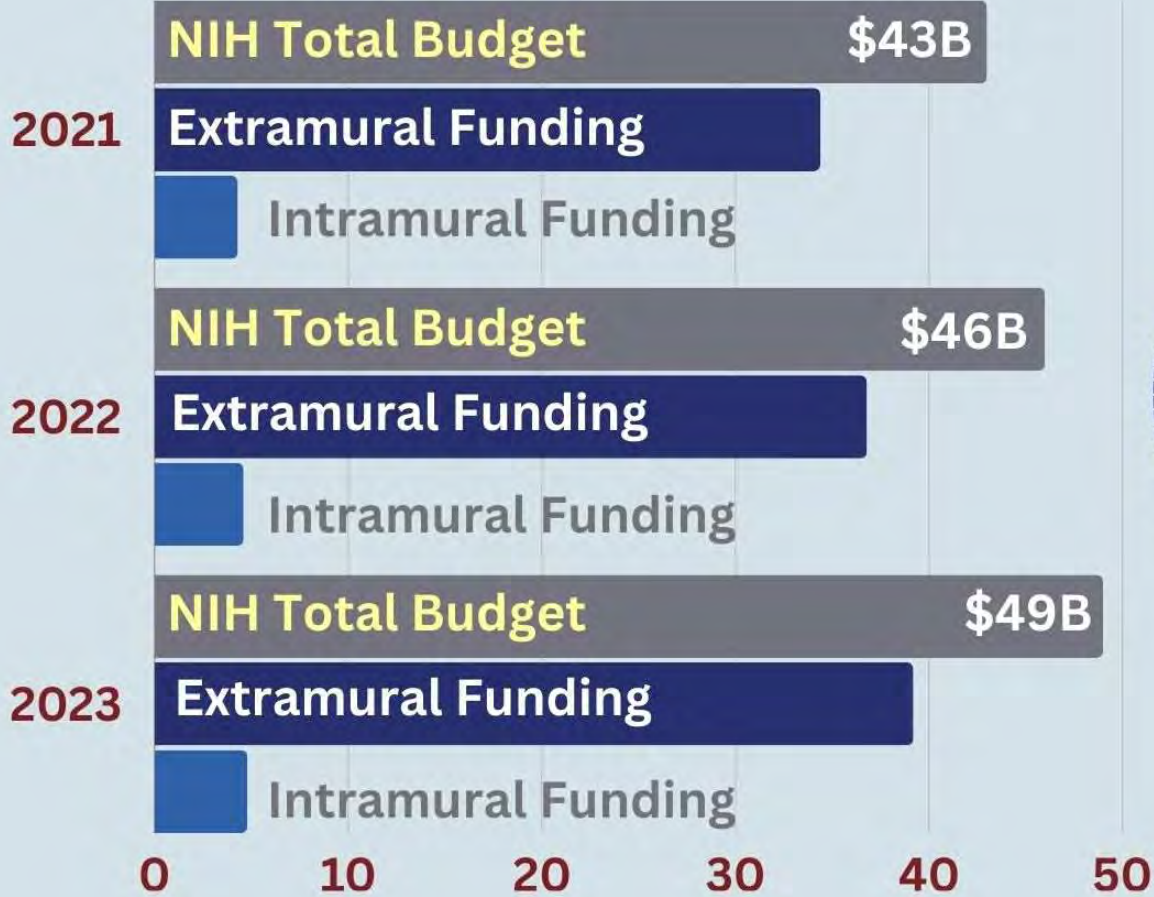
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<https://www.nih.gov/>

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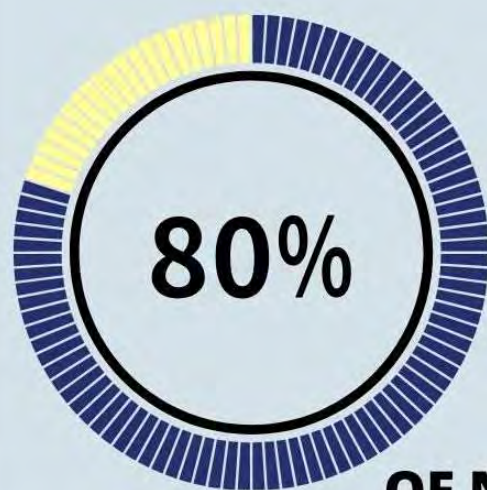
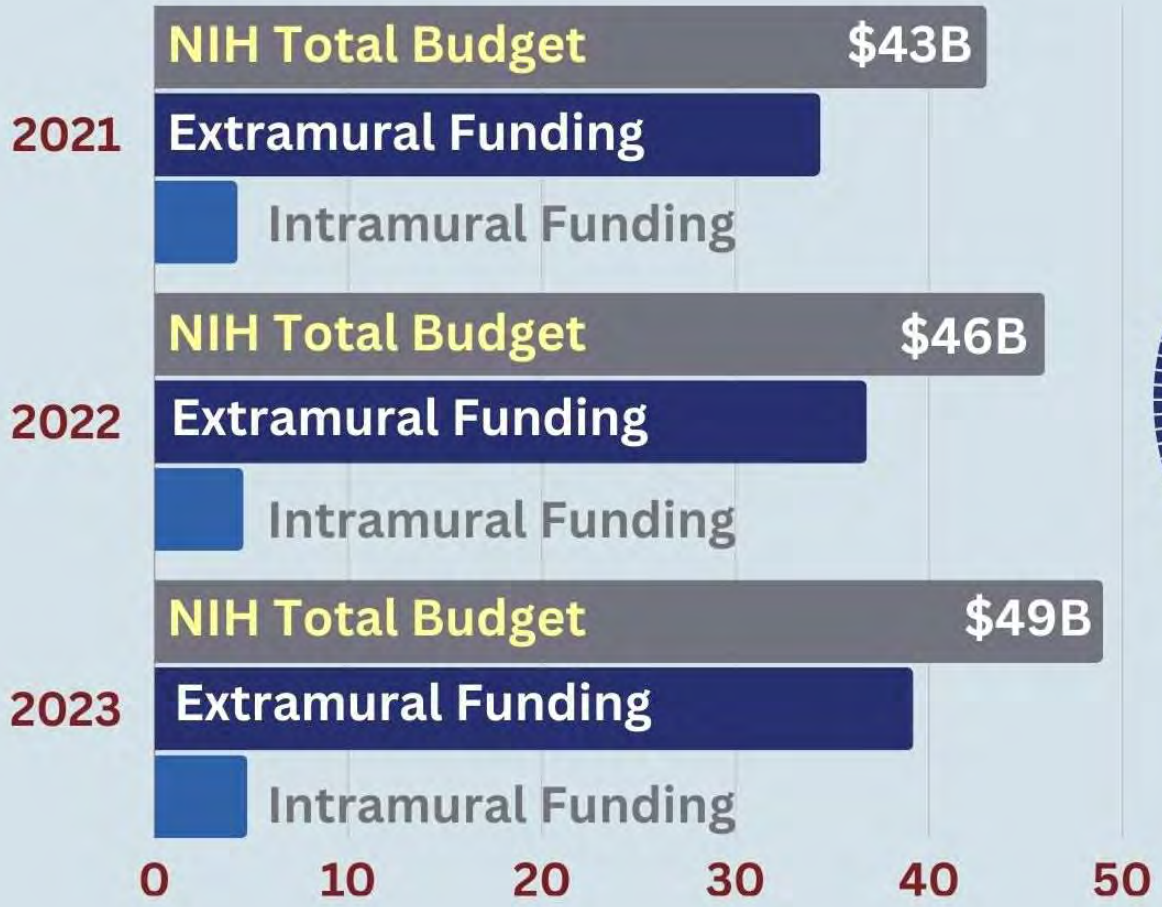
# NIH FUNDING BREAKDOWN



**80% OF NIH'S BUDGET FUNDS EXTRAMURAL RESEARCH**

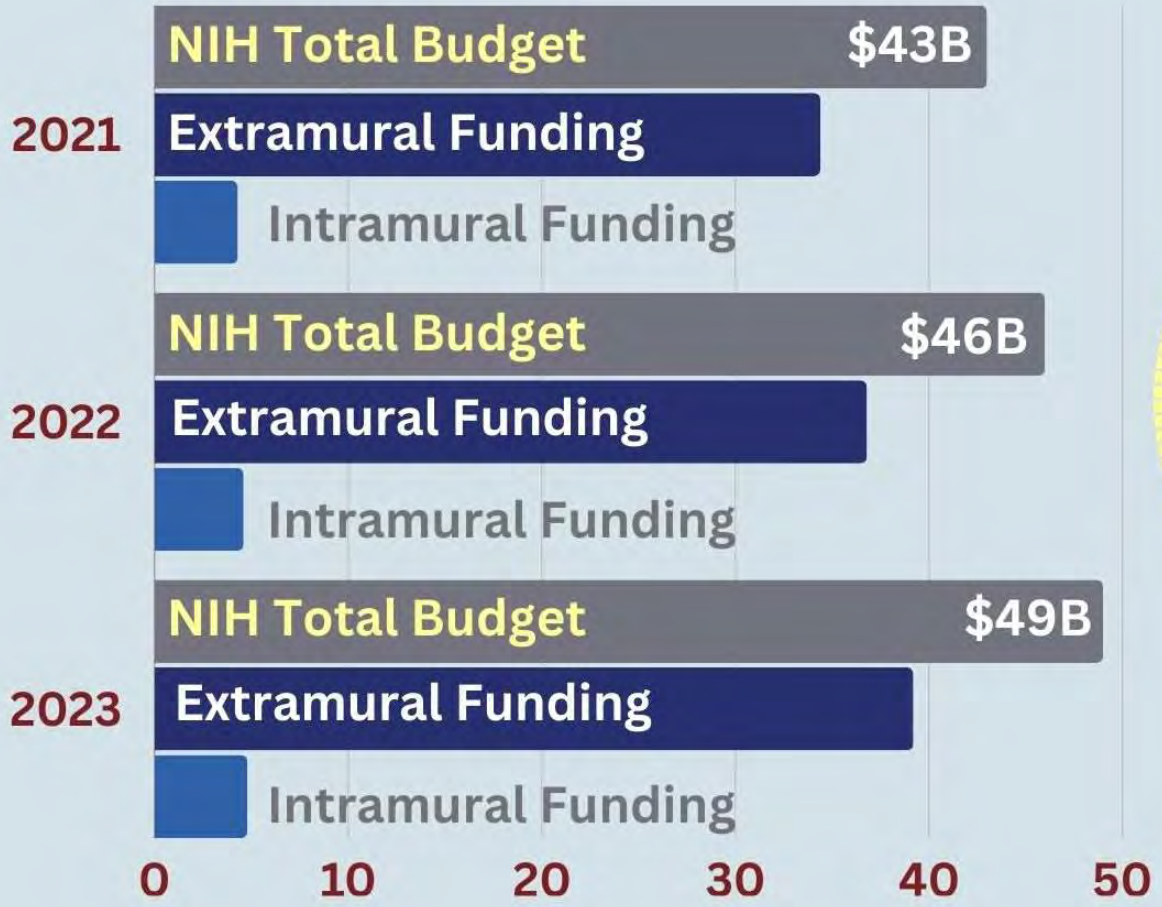






**OF NIH'S BUDGET  
FUNDS EXTRAMURAL  
RESEARCH  
= GRANTS**





**OF NIH'S BUDGET  
FUNDS INTRAMURAL  
RESEARCH**



If you're interested in learning more about NIH funding data and access to reports and summary statistics on NIH funding or the organizations and people involved in NIH research and training--check out NIH RePORTER



<https://obssr.od.nih.gov/research-resources/nihreporter>





**NIH RePORTER is an electronic tool that allows users to search a database of NIH-funded research projects and access publications and patents resulting from NIH funding**

<https://obssr.od.nih.gov/research-resources/nihreporter>



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# NIDA

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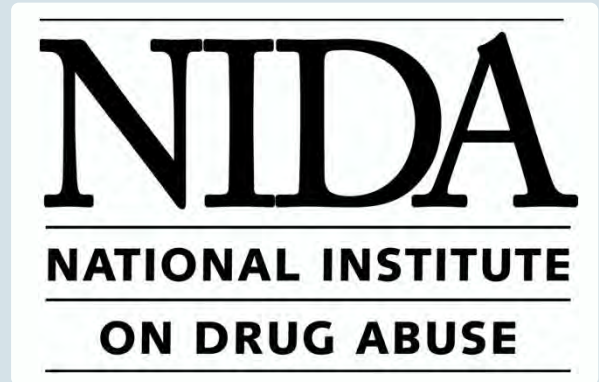
**NATIONAL INSTITUTE  
ON DRUG ABUSE**

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<https://irp.nida.nih.gov/>

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## **General Information @ NIDA IRP:**

- Located in Baltimore, MD on Johns Hopkins Bayview Medical Campus
- Share the BRC with the National Institute on Aging's Intramural Research Program

<https://irp.nida.nih.gov/>





**Mission:**

Our mission is to better understand substance use disorders and the factors that may contribute to this enormous medical, public health and societal problem

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<https://irp.nida.nih.gov/>

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# NIDA IRP BRANCHES

## Molecular Targets & Medications Discovery Branch



Amy Newman, PhD  
Scientific Director

The Molecular Targets and Medications Discovery Branch investigates behavioral, pharmacological and molecular mechanisms underlying the reinforcing and subjective effects of drugs, such as the opioids, cocaine and methamphetamine that lead to their abuse and dependence. Novel, small molecules are designed and synthesized as pharmacological tools to study neurochemical targets in the brain, and how actions at those targets are related to the behavioral effects of abused drugs.

<https://irp.nida.nih.gov/organization/mtmdb/>

# NIDA IRP BRANCHES

## Translational Addiction Medicine Branch



Lorenzo Leggio, MD, PhD  
Clinical Director  
Dep. Scientific Director

The mission of TAMB is to conduct translational clinical studies and execute cutting-edge human research that contributes to the understanding of addiction (e.g., deep, ecological momentary assessment and/or digital phenotyping) and the development of novel treatments (e.g., medications, behavioral interventions, technology-based modalities). Working under one roof, the TAMB team employs diverse approaches and levels of analysis across multiple platforms (wet-lab, animal program, outpatient and inpatient units, big data, and surveys) and study different species (mice, rats, non-human primates, and humans, the latter including both healthy volunteers and patient populations).

<https://irp.nida.nih.gov/organization/tamb/>



# NIDA IRP BRANCHES

## Molecular Neuropsychiatry Research Branch



Jean Lud Cadet, MD  
Chief

The Molecular Neuropsychiatry Research Branch investigates cellular and molecular mechanisms of neurodegeneration and regeneration. Studies have focused on the role of oxidative stress, ER stress, and mitochondrial pathways in the pathogenesis of psychostimulant toxicity as well as in models of Parkinson's disease and strokes. The Branch also investigates the potential role of specific agents in the treatment of these disorders. We are also investigating the role of epigenetic modifications in methamphetamine (METH) addiction.

<https://irp.nida.nih.gov/organization/mnrb/>



# NIDA IRP BRANCHES

## Cellular & Neurocomputational Systems Branch



**Geoffrey  
Shoenbaum, MD, PhD  
Chief**

Cellular and Neurocomputational Systems Branch studies central nervous system (CNS) function at the cellular, behavioral and neural systems level, spanning from mice, to rats, to humans, focusing on basic science and clinical questions. This includes physiological properties of cells, biochemical mechanisms and pathways, effects of drugs and neurotrophic factors, neuroanatomical methods, electrophysiology, neuroimaging, neuromodulation, and computational techniques.

<https://irp.nida.nih.gov/organization/cnsb/>



# NIDA IRP BRANCHES

## Behavioral Neuroscience Research Branch



Yavin Shaham, PhD  
Chief

The mission of the Behavioral Neuroscience Branch is to characterize the behavioral and neurobiological mechanisms of drug reward and relapse to drug use, as assessed in animal models.

<https://irp.nida.nih.gov/organization/bnrb/>





# NIDA IRP BRANCHES

## Neuroimaging Research Branch



Yihong Yang, PhD  
Chief

The goal of the Neuroimaging Research Branch (NRB) is to better understand the neurobiological antecedents of illicit drug use and addiction, the neuronal consequences of short and long-term drug use and the potential reversibility of these neuroadaptations. The major paradigm employed towards this goal is the development and application of novel neuroimaging tools, predominantly MRI and PET based, applied together with behavioral, cognitive and pharmacological manipulations and genetic investigations in both preclinical and human based protocols.

<https://irp.nida.nih.gov/organization/nrb/>

# NIDA IRP BRANCHES

## Integrative Neuroscience Research Branch



Marisela Morales, PhD  
Chief

The Integrative Neuroscience Branch conducts research at the cellular, molecular, and systems levels to identify the neural substrates upon which drugs of abuse act to produce long-term alterations in behavior and brain function.

<https://irp.nida.nih.gov/organization/inrb/>



# NIDA IRP BRANCHES

## CORE Facilities

- Confocal and Electron Microscopy Core
- Genetic Engineering and Viral Vector Core
- Histology & Imaging Core



**Shiliang Steven Zhang, PhD**  
**CORE Manager**



**Christopher Richie, PhD**  
**CORE Mnager**

<https://irp.nida.nih.gov/organization/core-facilities/>





# RESEARCH OPPORTUNITIES



**National Institutes of Health**

<https://www.nih.gov/research-training>

The NIH logo consists of the letters "NIH" in a bold, white, sans-serif font, positioned to the left of a blue chevron shape that points to the right.

## **RESEARCH OPPORTUNITIES**

are available with all 27 research institutes  
and centers

including

The NIDA logo is contained within a white rectangular box with a thin black border. It features the word "NIDA" in a large, bold, black serif font. Below "NIDA" are two horizontal lines, followed by the words "NATIONAL INSTITUTE" and "ON DRUG ABUSE" in a smaller, bold, black sans-serif font, stacked on two separate lines.

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<https://www.nih.gov/research-training>

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# RESEARCH OPPORTUNITIES

## The Clinical Center (Residents/Fellows)

### Clinical Fellowships

- NIH provides clinical fellows with the opportunity to be mentored by world renowned physicians, participate directly in cutting-edge investigational protocols, and rotate to some of the nation's finest academic medical centers within the Washington, DC region for additional clinical training

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<https://www.cc.nih.gov/training/gme1.html>

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# RESEARCH OPPORTUNITIES

## The Clinical Center (Residents/Fellows)

### NIH Residency Elective Rotations (REP)

- This program is open to residents and clinical fellows enrolled in an ACGME-accredited training program in the United States (e.g., Rutgers)
- Participants gain direct experience in the care of patients enrolled in investigational protocols in a variety of disciplines (listed on the website)
- Participants also gain exposure to the design, conduct, and management of investigational protocols, including clinical trials

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[https://www.cc.nih.gov/training/physician\\_electives.html](https://www.cc.nih.gov/training/physician_electives.html)



NIH

# RESEARCH OPPORTUNITIES

## The Clinical Center (Residents/Fellows)

### FDA Rotations

- Provides clinical research fellows at the NIH with a short-term training experience at the FDA that includes: educational modules on FDA regulations related to drug development, tutorials on how to prepare an Investigational New Drug (IND) application, and tutorials on therapeutic area-specific drug development guidelines

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[www.cc.nih.gov/sites/nihinternet/files/internet-files/training/pdfs/fdarotation.pdf](http://www.cc.nih.gov/sites/nihinternet/files/internet-files/training/pdfs/fdarotation.pdf)

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NIH

# RESEARCH OPPORTUNITIES

## The Clinical Center (Medical Students)

### Medical Research Scholars Program

- A year long research immersion program for future clinician-scientists that advances health by inspiring tomorrow's leaders in medicine and biomedical research
- Students engage in basic, clinical, or translational research investigations, and are offered diverse professional development opportunities, mentorship, and advisement

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<https://www.cc.nih.gov/training/mrsp>

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# RESEARCH OPPORTUNITIES

## Graduate Partnerships Program (Graduate Students)

- This program focuses on students pursuing degrees in: PhD, DPhil, PharmD, DrPH, PsyD, MD/PhD, or DVM/PhD
  - **Eligibility requirements vary by IC**
- Graduate students work within one of the NIH Institutes or Centers (ICs) in the NIH Intramural Research Program while in a professional or graduate school program

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<https://www.training.nih.gov/research-training/grads/gpp/>

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# RESEARCH OPPORTUNITIES

## Academic Internship Program (Graduate Students)

- This program allows students to train at NIH during the school year
- These are research positions within one of the NIH Institutes and Centers (IC) in the NIH Intramural Research Program
- Students often work part-time while going to school, but participants may work full-time under some circumstances

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[https://www.training.nih.gov/research-training/pb/aip\\_pb/](https://www.training.nih.gov/research-training/pb/aip_pb/)

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## RESEARCH OPPORTUNITIES

### Lasker Clinical Research Scholars Program (Early Career)

- An intramural-extramural partnership that supports a small number of exceptional, next generation clinical researchers in the early stages of their career
- Lasker Scholars can receive clinical research funding for up to 10 years
  - **PHASE 1:** Scholars will receive appointments for 5-7 years as tenure-track investigators within the NIH Intramural Research Program with independent budgets
  - **PHASE 2:** Scholars can receive up to 3 years of NIH support for their research at an extramural research facility or they can remain as an investigator within the intramural program

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[www.nih.gov/research-training/lasker-clinical-research-scholars](http://www.nih.gov/research-training/lasker-clinical-research-scholars)

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# RESEARCH OPPORTUNITIES

## NIH Postdoctoral Fellowships (Early Career)

- This program is for recent doctoral degree recipients interested in further developing their research skills while exploring research and research-related careers. These are full-time research positions in one of the NIH Institutes and Centers (IC) in the NIH Intramural Research Program.
- Postdocs work in research groups directed by a Principal Investigator (PI)
- NIH offers research opportunities in the biomedical, behavioral, and social sciences with opportunities to explore basic, translational and clinical research

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<https://www.training.nih.gov/research-training/pd/>

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# RESEARCH OPPORTUNITIES

## NIH Postdoctoral Fellowships (Early Career)

**The Office of Intramural Training and Education (OITE) recommends that you learn more about:**

- The Intramural Research Program
- The mission of each NIH IC
- Their campuses
- And the specific focus of work performed

...before applying for Intramural Research Training Award

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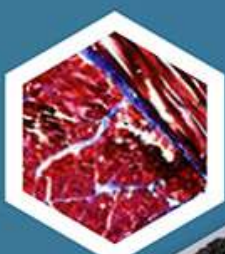
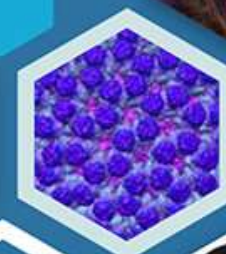
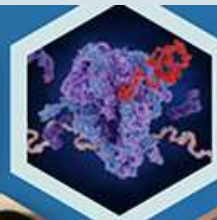
<https://www.training.nih.gov/research-training/pd/>

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National Institute of  
General Medical Sciences

# MOSAIC Program to Promote Faculty Diversity







# RESEARCH OPPORTUNITIES

## National Institute of General Medical Science

### The MOSAIC program (Postdocs)

- Part of NIH's efforts to enhance diversity within the academic biomedical research workforce
- Designed to facilitate the transition of promising postdoctoral researchers from diverse backgrounds, including individuals from groups underrepresented in the biomedical research workforce at the faculty level, into independent faculty careers in research-intensive institutions



## **RESEARCH OPPORTUNITIES**

**There are many more research opportunities available at NIH**

**Check out individual ICs for more information**

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<https://www.nih.gov/research-training>

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## **RESEARCH OPPORTUNITIES**

**Talk to NIH investigators and  
program officers at meetings and  
conferences**

**Anyone going to SfN?**

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<https://www.nih.gov/research-training>

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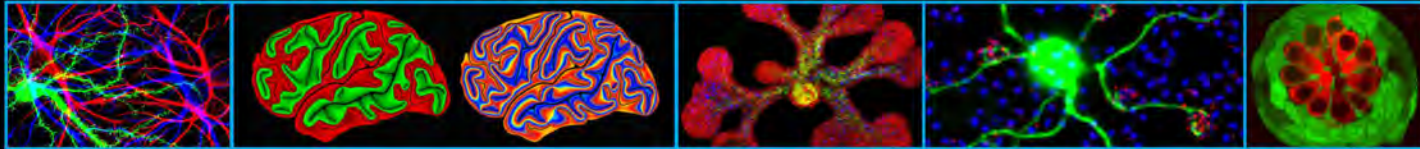
## **RESEARCH OPPORTUNITIES**

**Not attending SfN... but still want to  
check out NIH?**

**Consider the OSNAP Award**

<https://www.nimh.nih.gov/research/research-conducted-at-nimh/scientific-director/office-of-fellowship-and-training/outstanding-scholars-in-neuroscience-award-program>

## NIH Outstanding Scholars in Neuroscience Award Program (OSNAP)

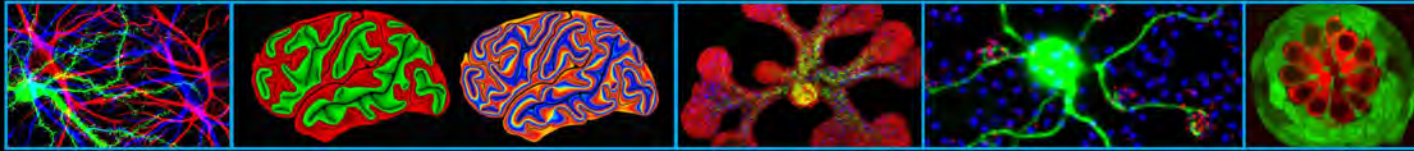


- Designed to recognize those who are conducting exceptional neuroscience research across the nation and have great academic potential in their scientific training.
- Directors of graduate or postdoctoral fellowship programs nominate candidates from their programs for consideration
- Mentors may also nominate candidates from their research groups

<https://www.nimh.nih.gov/research/research-conducted-at-nimh/scientific-director/office-of-fellowship-and-training/outstanding-scholars-in-neuroscience-award-program>



## NIH Outstanding Scholars in Neuroscience Award Program (OSNAP)

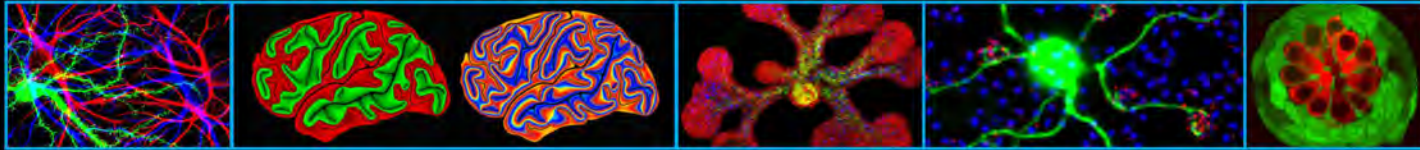


### OSNAP is sponsored by:

- National Center for Advancing Translational Sciences (NCATS)
- National Eye Institute (NEI)
- National Institute on Drug Abuse (NIDA)
- National Institute on Deafness and Other Communication Disorders (NIDCD)
- National Institute of Dental and Craniofacial Research (NIDCR)
- National Institute of General Medical Sciences (NIGMS)
- National Institute of Mental Health (NIMH)
- National Institute of Neurological Disorders and Stroke (NINDS)

<https://www.nimh.nih.gov/research/research-conducted-at-nimh/scientific-director/office-of-fellowship-and-training/outstanding-scholars-in-neuroscience-award-program>

## NIH Outstanding Scholars in Neuroscience Award Program (OSNAP)

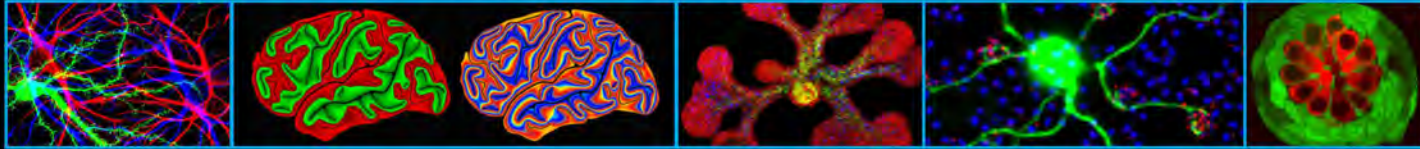


### The OSNAP Award includes:

- An invitation to visit NIH in person at the Bethesda, MD campus for an Award Symposium where awardees share their science, meet with NIH leadership, investigators, program staff and research trainees to learn about the unique resources and research conducted in the Intramural Research Program (IRP)
- The opportunity to give a brief talk and present a poster about their own research
- The opportunity to meet Program Officers from institutes of interest to learn about extramural funding opportunities

<https://www.nimh.nih.gov/research/research-conducted-at-nimh/scientific-director/office-of-fellowship-and-training/outstanding-scholars-in-neuroscience-award-program>

## NIH Outstanding Scholars in Neuroscience Award Program (OSNAP)



### **OSNAP is sponsored by:**

- National Center for Advancing Translational Sciences (NCATS)
- National Eye Institute (NEI)
- National Institute on Drug Abuse (NIDA)
- National Institute on Deafness and Other Communication Disorders (NIDCD)
- National Institute of Dental and Craniofacial Research (NIDCR)
- National Institute of General Medical Sciences (NIGMS)
- National Institute of Mental Health (NIMH)
- National Institute of Neurological Disorders and Stroke (NINDS)

The NIH logo consists of the letters "NIH" in white, bold, sans-serif font, set against a dark grey background. To the right of the letters is a blue chevron shape pointing to the right.

## **NIDA IRP RESEARCH OPPORTUNITIES**

### **Scientific Director's Fellowship for Diversity in Research (Recent Graduates)**

- Supplements the NIH Postbac Fellowship Program
- The SDFDR is a research fellowship experience that prepares a diverse group of scholars for the demands of research so that they excel in graduate or professional (medical, dental, pharmacy) school and are highly competitive for future opportunities in the field of addiction science
- Applications are open all year

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<https://irp.nida.nih.gov/diversity-initiatives/sd-fellowship-diversity/>

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## **NIDA IRP RESEARCH OPPORTUNITIES**

### **Scientific Director's Fellowship for Diversity in Research (Recent Graduates)**

- The program utilizes a cohort design and is tailored to meet each group's needs
- SDFDR Fellows meet monthly--they choose the topics and guest presenters
  - Opportunities for group outreach projects

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<https://irp.nida.nih.gov/diversity-initiatives/sd-fellowship-diversity/>

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# BEST PRACTICES



Explore the NIH  
website  
Check out each IC  
Look at the labs



If a lab or PI interests  
you, email them,



Think about what  
you love to do

# **BEST PRACTICES**

*A Conversation with a PI*

# BEST PRACTICES



**What type of environment do you need to thrive?**

# BEST PRACTICES



**What type of environment do you need to thrive?**

...Not what you want

...Not what you think you need

...What do you actually need to be successful?

# BEST PRACTICES



**Be  
professional**



**View failure  
as a learning  
opportunity**



**Understand what  
you need to be  
successful**





# **NIH RESOURCES**

- **Office of Intramural Training & Education**
- **NIH Library**
- **Employee Assistance Program**

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<https://www.training.nih.gov/>



Office of Intramural Training and Education

**Helping trainees and fellows develop scientific, professional, well-being, and resilience skills.**



## Professional Skills →

- Career readiness
- Communication
- Ethics and responsible conduct
- Teaching and mentoring
- Leadership and management
- Well-being and resilience

Helping trainees and  
fellows develop  
scientific,  
professional, well-  
being, and resilience  
skills.







## Careers →

- Career counseling
- Educational advising
- Career exploration & readiness
- Online career resources
- Job listings
- Post a job
- Create an account to book an appointment

### Career counseling or educational advising

[Book a career counseling or educational advising appointment](#)

Let us help you develop  
**scientific,  
professional, well-  
being, and resilience  
skills.**



## Well-being →

- › Becoming a Resilient Scientist series
- › Mental Health and Well-being of Biomedical Researchers series
- › Skills and discussion groups
- › Individual well-being advising
- › NIH trainee affinity groups
- › Other OITE well-being activities
- › More NIH programs and resources

fellows develop  
**scientific,  
professional, well-  
being, and resilience  
skills.**







# Upcoming OITE events



**NIH Library**  
[nihlibrary.nih.gov](http://nihlibrary.nih.gov)

## RESOURCES


### Databases


[Databases List](#)

[Micromedex](#) 


[Lexicomp](#) 

[PubMed @ NIH](#)

[Scopus](#) 

[Embase](#) 

[UpToDate](#) 

[Web of Science](#) 

### Journals

[Journals Search](#)

[JAMA](#) 

[Journal of Biological  
Chemistry](#) 

[NEJM](#) 

[Nature](#) 

[PNAS](#) 

[Science](#) 

### Other Research Tools

[Browse by Subject](#)

[eBooks Search](#)

[Online Catalog](#)

[Subject Guides](#)

[Equipment, Software, &  
Tools](#)

[HHS Digital Library](#)

[Renew Books](#)

**NIH Library**  
nihlibrary.nih.gov

## SERVICES

### Library Services

3D Printing

Bibliometrics

Bioinformatics Support

Data

Document Delivery

Editing

Informationist Program

Literature Search

Multimedia

Protocol Support

Systematic Reviews

Training Program

Translations

### Facilities

Green Efforts

Library Workspaces

Log In and Remote  
Access

Self-Service Photocopy

# NIH Library

nihlibrary.nih.gov

## TRAINING & EVENTS

### Training Types

#### Classes

Course Catalog

Events

Online Tutorials

Request a Tutorial



## November 2023



Mon	Tue	Wed	Thu	Fri
30	31	1 Medical Image Analysis and AI with MATLAB	2 Bibliometrics Data Sources  Partek Flow Basic Components	3 Overview of the "Health, United States" program from the CDC  NIH Library Resources for NIH Staff
6 Introduction to Web of Science	7 Bibliometrics Tools  Quarto for Scholarly Publishing: Advanced Formatting	8 3D Printing: A Roundtable Discussion	9 Creating Citation Reports with InCites  +2 more	10
13 Data Visualization in ggplot	14 Advanced PubMed  Quarto for Scholarly Publishing: Working with Citations	15 Data Visualization in ggplot: Customizations  +2 more	16 Basic Single Cell RNA-Seq Analysis & Visualization in Partek Flow  Creating Charts in Excel	17 Creating Network Visualizations with VOSviewer  NGS Visualization Tool

# Employee Assistance Program (EAP)



<https://ors.od.nih.gov/sr/dohs/HealthAndWellness/EAP/Pages/index.aspx>

# Employee Assistance Program (EAP)

## HEALTH AND WELLNESS

### *There are many dimensions to a healthier you*

We all possess an abundance of personal and professional potential waiting to be unleashed. EAP takes a holistic view of the individual, helping you to examine lifestyle choices so you can maximize your physical, emotional and occupational wellbeing. Our Consultants collaborate with you to establish a commitment toward change, set specific goals and suggest appropriate resources to meet your needs.

#### **We provide consultation on issues including:**

- ✓ Addictions (chemical and behavioral)
- ✓ Assertiveness and Communication Skills
- ✓ Financial Wellness
- ✓ Mental Health
- ✓ Motivation Enhancement
- ✓ Personal Etiquette
- ✓ Self Care
- ✓ Stress Management



# Employee Assistance Program (EAP)

## WORKING EFFECTIVELY

### *Give your career a boost*

Are you seeking more satisfaction in your work? Perhaps you could be better organized, more focused and productive. EAP can partner with you to target the most effective strategies for change, help you develop a plan and provide support to reach and sustain your career goals, ultimately increasing work satisfaction.

#### **We provide consultation on issues including:**

- ✓ Assertiveness Skills
- ✓ Being a New Manager
- ✓ Career Transition
- ✓ Communication Strategies
- ✓ Managing Conflict
- ✓ Return to Work
- ✓ Time Management
- ✓ Workplace Etiquette



# Employee Assistance Program (EAP)

## WORK/LIFE BALANCE

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### *Life can pull you in many directions*

Your wellbeing, health and happiness depend on balancing your responsibilities at work and at home. Improving your work/life balance can be a challenge as issues can occur unexpectedly and generate added stress in your life. EAP can provide strategies and resources to help you define priorities, improve assertiveness skills, make tough decisions and identify personal goals that can enhance the balance in your life.

### **We provide consultation on work/life issues including:**

- ✓ Assertiveness Skills
- ✓ Caregiver Issues
- ✓ Family and Significant Relationships
- ✓ Financial Stress
- ✓ Parenting
- ✓ Stress Management
- ✓ Time Management

# Employee Assistance Program (EAP)

## LIFE'S TRANSITIONS

### *EAP helps you navigate life's transitions*

Adapting to transition is a normal part of life. Change has become so rapid today that navigating personal or work-related transitions can be increasingly complex. Rapid change naturally increases anxiety and stress. EAP Consultants are here to assist you in working through challenging circumstances and emotions at any stage of your professional or personal life.

### **EAP provides consultation on a variety of transitions including:**

- ✓ Career Transition
- ✓ Family Transitions (birth, marriage, school, work)
- ✓ Grief and Loss
- ✓ Human Development and Aging
- ✓ Relocation Stress
- ✓ Retirement-Life Planning

# CONTACT INFO



**443-695-4734**



**[irp.nida.nih.gov](http://irp.nida.nih.gov)**



**[cbrann@intra.nida.nih.gov](mailto:cbrann@intra.nida.nih.gov)**



**NIH Biomedical Research Center  
251 Bayview Blvd, Suite 200  
Baltimore, MD 21224**





# QUESTIONS

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**THANK YOU**

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